

Oceans 3™ Beyond Omega-3™

Oceans 3 Beyond Omega-3 Cod Liver Oil is the only Omega-3 supplement available with **OmegaXanthin™**, a synergistic complex of three health-promoting compounds from the ocean:

- **EPA and DHA** from ultra pure, high potency cod liver oil
- **Astaxanthin** — an extremely powerful antioxidant carotenoid from sea algae
- **Fucoxanthin** — a dynamic, antioxidant carotenoid from brown seaweed

OmegaXanthin provides all the benefits of a high potency Omega-3 supplement **plus** two ocean-based antioxidants for an amplified range of benefits unmatched by ordinary Omega-3 formulations.

- Supports cardiovascular health[†]
- Supports the body's natural anti-inflammatory response[†]
- Supports anti-aging through antioxidant cellular protection[†]
- Promotes stress management and emotional well-being[†]
- Maintains eye health and normal vision[†]
- Supports normal brain function and nervous system health[†]

Purity You Can Trust: The cod liver oil in **Oceans 3** is purified through a proprietary, cutting-edge molecular distillation process that serves to remove environmental toxins while maintaining the natural balance of the vital nutrients and beneficial compounds in the oil. Each batch is third-party tested to verify the cod liver oil in **Oceans 3** surpasses the European Pharmacopoeia standards for environmental toxins including mercury, lead, dioxins and PCBs.



For every Oceans 3 bottle sold, a donation will be made to WomenHeart. WomenHeart champions prevention and early detection, accurate diagnosis and proper treatment of women's heart disease.

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by **Garden of Life, Inc.**
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Made in the U.S.A. www.gardenoflife.com
www.BeyondOmega3.com



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OCEANS 3™

**Beyond Omega-3™
Cod Liver Oil
with OmegaXanthin™**

Cod Liver Oil • Astaxanthin • Fucoxanthin
Great Tasting Orange Tangerine Flavor

8 FL OZ (237 ML)

Omega-3 Dietary Supplement

Suggested Use: Adults and children 4 years of age and older, take 1 teaspoon daily, with food, or as otherwise directed by your healthcare provider. For optimal freshness, refrigerate after opening and use entire contents within 3 months. Not intended for children under 4 years of age.
Advanced Usage: Adults may gradually increase to 3 teaspoons a day.

Supplement Facts

Serving Size 1 teaspoon (5ml) Servings Per Container Approx. 47
Advanced Usage Serving Size 3 teaspoons (15ml) Servings Per Container Approx. 15

	Amount Per Serv.	% DV [†]	Advanced Usage Per Serv.	% DV [†]		Amount Per Serv.	% DV [†]	Advanced Usage Per Serv.	% DV [†]
Total Calories	40		120		Vitamin E	510IU	170%	1530IU	510%
Calories from Fat	40		120		Omega-3 Fatty Acids	1,148mg	+	3,444mg	+
Total Fat	4.5g	7%	14g	22%	EPA (Eicosapentaenoic Acid)	365mg	+	1,095mg	+
Saturated Fat	1.5g	8%	4.5g	23%	DHA (Docosahexaenoic Acid)	550mg	+	1,650mg	+
Cholesterol	<5mg	<1%	10mg	3%	Other Omega-3's	215mg	+	645mg	+
Vitamin A	667 - 1042IU	13 - 21%	2,000 - 3,125IU	40 - 63%	ALA (Alpha Lipoic Acid)	18 - 50mg	+	54 - 150mg	+
Vitamin D	4 - 10IU	1 - 3%	13 - 30IU	3 - 8%	Omega-9 Fatty Acid (Oleic Acid)	700mg	+	2,100mg	+
OmegaXanthin™ Blend									
Highly purified Norwegian cod liver oil (<i>Gadus morhua</i>), BioAstin® (natural astaxanthin standardized in safflower oil), concentrated fucoxanthin									
Stevia						3mg	+	9mg	+

Other Ingredients: Natural tangerine flavor, natural orange flavor.

Contains: Vitamin E derived from soy.

[†] Percent Daily Value (DV) based on a 2,000 calorie diet
+ Daily Values (DV) not established



Caution: Your diet or health situation may benefit from the advanced use of this product. Check with your healthcare practitioner to determine your needs. As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, allergic to iodine, use blood thinners, anticipate surgery, or under medical supervision. Children should always be under adult supervision when consuming this product.

No filler ingredients, artificial colors, flavors or preservatives. Gluten Free. Yeast Free. Dairy Free.
Do not use if safety seal is broken or missing. 03CLO80ZL-010509

