

#1 Natural
Prenatal Brand

29 mm Copy Free Area

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Continued from other panel

	Amount Per Serving	%DV†
Copper (as Amino Acid Chelate)	2 mg	100%
Manganese (as Citrate)	2 mg	*
Chromium (as Amino Nicotinate)	120 mcg	*
Molybdenum (as Amino Acid Chelate)	75 mcg	*
Potassium (as Citrate)	10 mg	*
Citrus Bioflavonoid Complex	25 mg	*
Choline (as Bitartrate)	10 mg	*
Inositol	10 mg	*
Boron (as Glycinate)	1 mg	*
Gentle Prenatal Blend	90 mg	*

(equivalent to 320 mg food & herbal powder)		
Red Raspberry [leaf] 2:1 Extract,		
Ginger [rhizome] Fresh Juice		
10:1 Extract, Organic Spirulina		
Complete Digestive Support	24 mg	*
Plant-Source Digestive Enzymes		
Protease (660 HUT*),		
Amylase (226 DU*), Lipase		
(2 LU*), Cellulase (3 CU*)		
Probiotic		
<i>Lactobacillus Sporogenes</i>	25,000,000 CFU	*

*Daily Value (DV) not established.

† % DV for pregnant or lactating women

Consult a health care professional prior to use if you are taking medication or have a medical condition.

4.1-D Item #10977

RAINBOW LIGHT®

Prenatal One™

Advanced Multivitamin

JUST 1 ONCE®

Optimal Care for Mom & Baby*
with Whole Foods, Probiotics & Enzymes

Gentle on the Stomach*
Non-Constipating Iron

VeganGuard®

No Gluten, Dairy, Soy, Nuts, Eggs or Sugar

30 Tablets Dietary Supplement

To open, press along perforation below cap.
Please remove label before recycling bottle.

SUGGESTED USAGE: Take one tablet per day with or between meals.

Supplement Facts

Serving Size 1 Tablet

Servings per Container: 30

	Amount Per Serving	%DV†
Vitamin A (as Palmitate, Beta-Carotene)	4,000 IU	50%
Vitamin C (as Ascorbic Acid)	100 mg	167%
Vitamin D (as D ₂ Ergocalciferol)	400 IU	100%
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU	100%
Vitamin K (as Phytonadione)	65 mcg	*
Vitamin B-1 (as Thiamin Mononitrate)	10 mg	588%
Riboflavin (Vitamin B-2)	10 mg	500%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B-6 (as Pyridoxine)	15 mg	600%
Folic Acid	800 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	25 mcg	313%
Biotin	300 mcg	100%
Vitamin B-5 (as Calcium Pantothenate)	15 mg	150%
Calcium (as Carbonate, Citrate-Malate)	200 mg	15%
Iron (as Amino Acid Chelate)	30 mg	167%
Iodine (from Kelp)	150 mcg	100%
Magnesium (as Oxide)	100 mg	22%
Zinc (as Citrate)	15 mg	100%
Selenium (as Seleno-methionine)	100 mcg	*

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Other Ingredients (natural mineral and vegetable source): microcrystalline cellulose, stearic acid, modified cellulose, silica. Coating: Hydroxy propyl cellulose, pharmaceutical glaze.

Purity Guarantee: Allergen Safeguard®: Contains no gluten, soy, yeast, milk, eggs, nuts, fish or shellfish. VeganGuard: Free of animal products. Free of sugar, artificial colors, flavors, sweeteners, preservatives and additives.

Formulated & Distributed by RAINBOW LIGHT NUTRITIONAL SYSTEMS
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