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Add one full squeeze of the dropper bulb to 2 oz. of water or juice, two to five times per day. Best taken between meals.

Keep Out of the Reach of Children
Store away from heat & light

SUGGESTED USE

SHAKE WELL BEFORE USING

008

whole root MARSHMALLOW

OPTIMAL WELL-BEING



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)



Marshmallow Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Marshmallow root

(*Althaea officinalis*)[Ⓢ][Ⓡ] extract 674 mg[Ⓢ]

†

† Daily Value (DV) not established

Other Ingredients: distilled water, certified organic cane alcohol (24-34%). **GLUTEN-FREE**

[Ⓢ] Certified Organic [Ⓡ] Fresh (undried)

[Ⓢ] Equivalent to approx. 280 mg fresh herb.

Fresh herb / menstruum ratio: 1 : 2.5

We prepare our Marshmallow Extract from fresh (undried) root of *Althaea officinalis* plants which are **Certified Organically Grown** on our own farm.

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