

**Suggested Usage:** Mix or blend 1 level tablespoon into 8 oz. of juice or water. Take 1 to 2 times daily.

This product is a potent blend of 30 nutrient dense superfoods with a variety of vitamins, minerals, fiber, chlorophyll, enzymes and herbs. This pleasant tasting supplement is the ideal way to start each day. **TO YOUR HEALTH!**

Not manufactured with milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NutraFlora® is a registered trademark of GTC Nutrition.

**Caution:** For adults only. Individuals allergic to bees, bee products and/or pollen should avoid taking this product. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

This product is sold by weight not volume.

Store in a cool, dry place after opening.

Please Recycle.

CODE 2705 V6



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# Green PhytoFoods

Superfood Blend

30 Whole Food Concentrates  
& Standardized Herbal Extracts

Net Wt. 10 oz. (284 g)

A Dietary Supplement

Botanicals/Herbs

Family owned since 1968.

## Supplement Facts

Serving Size 1 Level Tablespoon (9.3 g)  
Servings Per Container about 31

|                                                | Amount<br>Per Serving | % Daily<br>Value |
|------------------------------------------------|-----------------------|------------------|
| Calories                                       | 40                    |                  |
| Calories from Fat                              | 15                    |                  |
| Total Fat                                      | 2 g                   | 3%*              |
| Saturated Fat                                  | 0.5 g                 | 3%*              |
| Trans Fat                                      | 0 g                   | †                |
| Cholesterol                                    | 0 mg                  | 0%               |
| Total Carbohydrate                             | 4 g                   | 1%*              |
| Dietary Fiber                                  | 1.5 g                 | 6%*              |
| Sugars                                         | 1.5 g                 | †                |
| Protein                                        | 2 g                   | 4%*              |
| Vitamin A<br>(100% Beta-Carotene)              | 2450 IU               | 48%              |
| Calcium                                        | 30 mg                 | 3%               |
| Iron                                           | 2 mg                  | 11%              |
| Iodine (from Kelp)                             | 90 mcg                | 60%              |
| Sodium                                         | 25 mg                 | 1%               |
| Soy Lecithin (Granules)                        | 2 g                   | †                |
| Organic Spirulina Powder                       | 1 g                   | †                |
| Alfalfa Juice Concentrate                      | 700 mg                | †                |
| Organic Wheat Grass Powder                     | 500 mg                | †                |
| Organic Barley Grass Powder                    | 500 mg                | †                |
| Carrot Powder                                  | 500 mg                | †                |
| Barley Malt Powder                             | 400 mg                | †                |
| Broccoli Powder                                | 350 mg                | †                |
| Brown Rice Bran                                | 350 mg                | †                |
| Apple Fiber                                    | 350 mg                | †                |
| Apple Pectin                                   | 300 mg                | †                |
| Organic Oat Bran                               | 300 mg                | †                |
| Organic Chlorella Powder<br>(Broken Cell Wall) | 300 mg                | †                |
| Red Beet Powder                                | 300 mg                | †                |

|                                                                                                                              | Amount<br>Per Serving | % Daily<br>Value |
|------------------------------------------------------------------------------------------------------------------------------|-----------------------|------------------|
| Panax Ginseng Root Extract<br>(Standardized for Ginsenosides)                                                                | 250 mg                | †                |
| Eleuthero<br>(Eleutherococcus senticosus) (Root)                                                                             | 100 mg                | †                |
| Peppermint Powder                                                                                                            | 150 mg                | †                |
| Green Tea Extract (Leaf)<br>(Camellia sinensis) (Standardized for Catechins)<br>(up to 6 mg of naturally occurring caffeine) | 100 mg                | †                |
| Royal Jelly Powder<br>(Standardized for 10-HDA)                                                                              | 100 mg                | †                |
| Fructooligosaccharides<br>(NutraFlora® FOS)                                                                                  | 100 mg                | †                |
| Trace Mineral Concentrate                                                                                                    | 100 mg                | †                |
| Milk Thistle Extract (Seed)<br>(Standardized for Silymarin)                                                                  | 80 mg                 | †                |
| Kelp Powder                                                                                                                  | 50 mg                 | †                |
| Ginkgo Biloba Extract (Leaf)<br>(Standardized for Ginkgolactones)                                                            | 20 mg                 | †                |
| Grape Seed Extract<br>(Vitis vinifera) (Standardized for Polyphenols)                                                        | 20 mg                 | †                |
| Bilberry Extract (Fruit)<br>(Standardized for Anthocyanins)                                                                  | 20 mg                 | †                |
| Plant Multi-Enzyme Blend<br>(Protease, Acid-Stable Protease, Amylase,<br>Lipase, Cellulase, Lactase, Papain, Bromelain)      | 350 mg                | †                |
| Coenzyme Q10 (CoQ10)                                                                                                         | 10 mg                 | †                |
| Alpha Lipoic Acid                                                                                                            | 10 mg                 | †                |
| Organic Stevia Extract (Leaf)                                                                                                | 10 mg                 | †                |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

Other ingredients: None.

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