

Vegan. Free of gluten · wheat · milk/dairy ·
nuts · soy · eggs · fish · shellfish · yeast ·
sugar · artificial additives.

#1 Natural Prenatal Brand[†]

JUST 1 ONCE[®]

100% Recycled, 100% Recyclable,
BPA-Free Bottle.

Please remove label to recycle bottle.
To open, press along perforation.

New Look,
Same
Formula!



Prenatal One[™]

Food-Based Multivitamin

Complete nutrition for Mom & Baby^{*}
Energizes, eases discomfort & non-constipating^{*}
Easy to digest with probiotics & enzymes

Vegan | Gluten-Free

30 Tablets | Dietary Supplement

4mm High Distortion Area Recommended Copy Free

Supplement Facts

Continued from other panel

	Amount Per Serving	DV% [†]
Inositol	10 mg	*
Boron (as Glycinate)	1 mg	*
Gentle Prenatal Blend	90 mg	*
(equivalent to 320 mg food & herbal powder) Red Raspberry (leaf) 2:1 Extract, Ginger (rhizome) Fresh Juice 10:1 Extract, Organic Spirulina		
Complete Digestive Support	24 mg	*
Protease (664 HUT*), Amylase (226 DU*), Lipase (2 FIP*), Cellulase (3 CU*)		
ProBioActive [™] (Bacillus coagulans)	25,000,000 CFU	*

*Daily Value (DV) not established. † % DV for pregnant or lactating women

Other Ingredients (natural mineral and vegetable source): microcrystalline cellulose, stearic acid, modified cellulose, silica. Coating: Vegetable glaze (Hydroxy propyl cellulose, pharmaceutical glaze).

#1 Natural Prenatal Multivitamin[†] – complete
food-based nutrition.

SUGGESTED USAGE: Take 1 tablet a day, with or between
meals, while trying to conceive, pregnant or nursing.

Your purchase sends life-saving nutrition to at-risk women and children worldwide.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal
poisoning in children under 6. Keep this product out of reach of children. In case of
accidental overdose, call a doctor or poison control center immediately.

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated & Distributed by **RAINBOW LIGHT NUTRITIONAL SYSTEMS[®]**

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www.rainbowlight.com

[†]SPINS Data

Supplement Facts

Serving Size: 1 Tablet

Servings per Container: 30

Amount Per Serving	DV% [†]	Amount Per Serving	DV% [†]
Vitamin A (as Palmitate, Beta-Carotene)	4,000 IU 50%	Iron (as Amino Acid Chelate)	30 mg 167%
Vitamin C (as Ascorbic Acid)	100 mg 167%	Iodine (from Kelp)	150 mcg 100%
Vitamin D (as D ₂ Ergocalciferol)	400 IU 100%	Magnesium (as Oxide)	100 mg 22%
Vitamin E (as d-alpha Tocopheryl)	30 IU 100%	Zinc (as Citrate)	15 mg 100%
Vitamin K (as Phytonadione)	65 mcg *	Selenium (as Seleno-methionine)	100 mcg *
Vitamin B-1 (as Thiamin Mononitrate)	10 mg 588%	Copper (as Amino Acid Chelate)	2 mg 100%
Riboflavin (Vitamin B-2)	10 mg 500%	Manganese (as Citrate)	2 mg *
Niacin (as Niacinamide)	20 mg 100%	Chromium (as Amino Nicotinate)	120 mcg *
Vitamin B-6 (as Pyridoxine)	15 mg 600%	Molybdenum (as Amino Acid Chelate)	75 mcg *
Folic Acid	800 mcg 100%	Potassium (as Citrate)	10 mg *
Vitamin B-12 (as Cyanocobalamin)	25 mcg 313%	Citrus Bioflavonoid Complex	25 mg *
Biotin	300 mcg 100%	Choline (as Bitartrate)	10 mg *
Vitamin B-5 (as Calcium Pantothenate)	15 mg 150%		
Calcium (as Carbonate, Citrate-Malate)	200 mg 15%		