



RAINBOW LIGHT®

**Energizer
One™**

JUST 1 ONCE®

Food-Based Multivitamin

Potent Superfood Complex

Gentle on the Stomach

100% Natural & Iron-Free

VeganGuard®

30 Tablets

Dietary Supplement

Feel the Difference

To open, press along perforation.
Please remove label before recycling bottle.

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Natural Mixed Carotenoids)	5,000 IU 100%	Iodine (from Kelp)	150 mcg 100%
Vitamin C (as Ascorbic Acid)	200 mg 333%	Magnesium (as Oxide)	50 mg 13%
Vitamin D (as D2 Ergocalciferol)	400 IU 100%	Zinc (as Citrate)	10 mg 67%
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU 100%	Selenium (as Selenomethionine, Amino Acid Chelate)	200 mcg 286%
Vitamin K (as Phytonadione)	50 mcg 63%	Copper (as Amino Acid Chelate)	1 mg 50%
Vitamin B-1 (as Thiamin Mononitrate)	30 mg 2000%	Manganese (as Citrate)	5 mg 250%
Riboflavin (Vitamin B-2)	25 mg 1471%	Chromium (as Amino Nicotinate)	250 mcg 208%
Niacin (as Niacinamide)	30 mg 150%	Molybdenum (as Amino Acid Chelate)	75 mcg 100%
Vitamin B-6 (as Pyridoxine)	25 mg 1250%	Citrus Bioflavonoid Complex	25 mg *
Folic Acid	800 mcg 200%	Boron (as Glycinate)	1 mg *
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1667%	Choline (as Bitartrate)	30 mg *
Biotin	300 mcg 100%	Superfood Energy Complex	315 mg *
Vitamin B5 (as Calcium Pantothenate)	30 mg 300%	Organic Spirulina	125 mg *
Calcium (as Carbonate, Citrate-Malate)	100 mg 10%	Kelp Powder (Atlantic)	30 mg *

Other Ingredients (natural mineral or vegetable source): cellulose, stearic acid, modified cellulose, silica. Coating: vegetable food glaze (dextrin, dextrose, soy lecithin, carboxy methyl cellulose, sodium citrate).

Supplement Facts

Continued from other panel

Ginkgo (leaf) 50:1 Extract (standardized 24/6) (equivalent to 3,000 mg herbal powder)	60 mg *
American Ginseng (root) 4:1 Extract (equivalent to 200 mg herbal powder)	50 mg *
Eleuthero (root) 4:1 Extract (equivalent to 200 mg herbal powder)	50 mg *
Gentle Digestive Blend	30 mg *
Protease (664 HUT*), Amylase (226 DU*), Lipase (2 LU*), Cellulase (3 CU*), Betaine HCl	10 mg *

*Daily Value (DV) not established.

SUGGESTED USAGE: For pure and potent protection, take one tablet per day, with or between meals.

GUARANTEE: 100% Natural – Free of artificial colors, flavors, sweeteners, preservatives and other objectionable additives often found in vitamin products. Contains no sugar, lactose/dairy, wheat, gluten or yeast.

VeganGuard® Screened for vegans to be free of animal products.

KEEP OUT OF REACH OF CHILDREN. Consult a health care professional prior to use if you are taking medication or have a medical condition.

Formulated & Distributed by
RAINBOW LIGHT NUTRITIONAL SYSTEMS
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