



Potent & Science-Safe Targeted Nutrition for Building Vitality Naturally—Iron-Free

Energizer One™ supports long-term health featuring nutrients, foods and botanicals for increased vitality and a difference you can feel – in just one tablet a day.

Superfood Energy Complex with a balanced nutrient profile featuring comprehensive Vitamin B support. Our Superfood Energy Complex delivers a stimulant-free combination of nutrient-dense green foods and energizing botanicals.*

Supportive Botanicals American Ginseng, Ginkgo and Eleuthero increase physical and mental tolerance to stressful life demands while tonifying and replenishing for increased stamina and vitality.*

Gentle on the Stomach with nourishing whole foods plus plant-source enzymes that gently aid in digestion.*

SUGGESTED USAGE: For pure and potent protection, take one tablet per day, with or between meals.

GUARANTEE: 100% Natural – Free of artificial colors, flavors, sweeteners, preservatives and other objectionable additives often found in vitamin products. Contains no sugar, lactose/dairy, wheat, gluten or yeast.

VeganGuard® screened for vegans to be free of animal products.

KEEP OUT OF REACH OF CHILDREN. Consult a health care professional prior to use if you are taking medication or have a medical condition.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated & Distributed by **RAINBOW LIGHT NUTRITIONAL SYSTEMS**
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Feel the Difference

RAINBOW LIGHT®

Energizer
One™

JUST 1 ONCE®

Food-Based Multivitamin

Potent Superfood Complex

Gentle on the Stomach

100% Natural & Iron-Free

VeganGuard®

90 Tablets

Dietary Supplement

To open, press along perforation.
Please remove label before recycling bottle.

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 90

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Natural Mixed Carotenoids)	5,000 IU 100%	Chromium (as Amino Nicotinate)	250 mcg 208%
Vitamin C (as Ascorbic Acid)	200 mg 333%	Molybdenum (as Amino Acid Chelate)	75 mcg 100%
Vitamin D (as D2 Ergocalciferol)	400 IU 100%	Citrus Bioflavonoid Complex	25 mg *
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU 100%	Boron (as Glycinate)	1 mg *
Vitamin K (as Phytonadione)	50 mcg 63%	Choline (as Bitartrate)	30 mg *
Vitamin B-1 (as Thiamin Mononitrate)	30 mg 2000%	Superfood Energy Complex	315 mg *
Riboflavin (Vitamin B-2)	25 mg 1471%	Organic Spirulina	125 mg *
Niacin (as Nicotinamide)	30 mg 150%	Kelp Powder (Atlantic)	30 mg *
Vitamin B-6 (as Pyridoxine)	25 mg 1250%	Ginkgo (leaf) 50:1 Extract (standardized 24/6)	60 mg *
Folic Acid	800 mcg 200%	(equivalent to 3,000 mg herbal powder)	
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1667%	American Ginseng [root] 4:1 Extract	50 mg *
Biotin	300 mcg 100%	(equivalent to 200 mg herbal powder)	
Vitamin B5 (as Calcium Pantothenate)	30 mg 300%	Eleuthero [root] 4:1 Extract	50 mg *
Calcium (as Carbonate, Citrate-Malate)	100 mg 10%	(equivalent to 200 mg herbal powder)	
Iodine (from Kelp)	150 mcg 100%	Gentle Digestive Blend	30 mg *
Magnesium (as Oxide)	50 mg 13%	Protease	664 HUT *
Zinc (as Citrate)	10 mg 67%	Amylase	226 DU *
Selenium (as Selenomethionine, Amino Acid Chelate)	200 mcg 286%	Lipase	2 LU *
Copper (as Amino Acid Chelate)	1 mg 50%	Cellulase	3 CU *
Manganese (as Citrate)	5 mg 250%	Betaine HCl	10 mg *

*Daily Value (DV) not established.

Other Ingredients (natural mineral or vegetable source): cellulose, stearic acid, modified cellulose, silica. Coating: vegetable food glaze (dextrin, dextrose, soy lecithin, carboxy methyl cellulose, sodium citrate).