

Vegetarian. Free of gluten • wheat • milk/dairy • eggs • fish • shellfish • yeast • artificial additives.

#1 Natural Multivitamin Brand†

100% Recycled, 100% Recyclable,
BPA-Free Bottle

Please remove label to recycle bottle.
To open, press along perforation.

New Look,
Same
Formula!



Calcium Citrate Chocolate Chewable

 Food-Based Formula

Most recommended form of Calcium
Magnesium, Vit D & K to aid retention*
Foods & herbs to aid digestion*

Gluten-Free | Milk/Dairy-Free

45 Chewable Wafers | Multi-Mineral Supplement

Most recommended form of Calcium in a delicious chocolate wafer

Three wafers contain 100% of the recommended daily value of calcium as calcium citrate (the most widely recommended form of calcium by physicians), plus added vitamins, minerals, foods and herbs, in a delicious chewable wafer for those who have difficulty swallowing tablets. Vegetarian; free of gluten, milk/dairy and yeast.

• Supports strong bones and teeth*

1,000 mg calcium • 500 mg of magnesium

• Promotes calcium absorption & mineral retention in bones*

1,000 IU vitamin D₃ • vitamin K • boron

• Nourishes & aids digestion*

Red raspberry & cranberry • herbs • minerals

SUGGESTED USAGE: : Chew 1-3 wafers daily, with or between meals. Do not swallow whole.

KEEP OUT OF REACH OF CHILDREN. Consult your health care professional prior to use if you are pregnant, nursing, taking medication or have a medical condition.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated & Distributed by RAINBOW LIGHT NUTRITIONAL SYSTEMS®

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800.571.4701 www.rainbowlight.com

†SPINS Data

S u p p l e m e n t F a c t s		
Serving Size: 3 Wafers		
Servings per container: 15		
	Amount Per Serving	%DV
Calories	60	
Total Carbohydrates	15 g	5%
Sugars	7 g	*
Vitamin D (as D ₃ Cholecalciferol)	1,000 IU	250%
Vitamin K (as Phytonadione)	30 mcg	38%
Calcium (as Citrate)	1,000 mg	100%
Magnesium (as Oxide, Aspartate)	500 mg	125%
Zinc (as Citrate)	3 mg	20%
Copper (as Amino Acid Chelate)	300 mcg	15%
Manganese (as Citrate)	750 mcg	38%
Potassium (as Citrate)	75 mg	2%
Boron (as Citrate)	500 mcg	*
4:1 Herbal Extracts	180 mg	*
(equivalent to 720 mg of herbal powder) Stinging Nettle [tops], Alfalfa [herb], Red Raspberry [leaf], Cranberry [fruit]		
% Daily Values (DV) are based on a 2,000 calorie diet. * DV not established.		

Other Ingredients (natural or vegetable based): fructose, cocoa powder, maltodextrin, natural chocolate flavor, stearic acid, silica, lecithin (soy).

Store in a cool, dry place with the lid tightly closed.



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