

Free of gluten · wheat · milk/dairy ·
nuts · soy · eggs · fish · shellfish · lactose ·
yeast · sugar · artificial additives.

#1 Natural Women's Multivitamin Brand†

JUST1ONCE®

100% Recycled, 100% Recyclable,
BPA-Free Bottle.

Please remove label to recycle bottle.
To open, press along perforation.

Supplement Facts

Continued from other panel

	Amount Per Serving	%DV
4:1 Vegetable Juice Complex	10 mg	*
(equivalent to 40 mg vegetable powder)		
Kale, Spinach, Dandelion Greens, Beet		
Complete Digestive Support	34 mg	*
Protease (664 HUT*), Amylase (226 DU*), Lipase (2 FIP*), Cellulase (3 CU*)		
ProBioActive™ (<i>Bacillus coagulans</i>)	25,000,000 CFU	*
Betaine HCl	10 mg	*

*Daily Value (DV) not established.

New Look,
Same
Formula!



Women's One™
Food-Based Multivitamin

Promotes bone, breast, heart & skin health*
Provides energy & stress support*
Easy to digest with probiotics & enzymes*

Gluten-Free | Soy-Free
30 Tablets | Dietary Supplement

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 30

	Amount Per Serving	%DV		Amount Per Serving	%DV
Vitamin A (as Beta-carotene, Palmitate)	5,000 IU	100%	Zinc (as Citrate)	10 mg	67%
Vitamin C (as Ascorbic Acid)	120 mg	200%	Selenium (as Selenomethionine, Amino Acid Chelate)	200 mcg	286%
Vitamin D (as D ₃ Cholecalciferol)	800 IU	200%	Copper (as Amino Acid Chelate)	1 mg	50%
Vitamin E (as d-alpha Tocopheryl)	30 IU	100%	Manganese (as Citrate)	2 mg	100%
Vitamin K (as Phytonadione)	100 mcg	125%	Chromium (as Amino Nicotinate)	200 mcg	167%
Vitamin B-1 (as Thiamin Mononitrate)	25 mg	1,667%	Molybdenum (as Amino Acid Chelate)	75 mcg	100%
Riboflavin (Vitamin B-2)	25 mg	1,471%	Choline (as Bitartrate)	20 mg	*
Niacin (as Niacinamide)	25 mg	125%	Inositol	20 mg	*
Vitamin B-6 (as Pyridoxine HCl)	25 mg	1,250%	Boron (as Glycinate)	1 mg	*
Folic Acid	800 mcg	200%	Citrus Bioflavonoid Complex	25 mg	*
Vitamin B-12 (as Cyanocobalamin)	25 mcg	417%	Women's Nourishing Blend	125 mg	*
Biotin	150 mcg	50%	(equivalent to 300 mg food and herbal powder)		
Vitamin B-5 (as Calcium Pantothenate)	25 mg	250%	Dong Quai [root] 4:1 Extract,		
Calcium (as Carbonate, Citrate-Malate)	200 mg	20%	Organic Spirulina, Red Clover [blossoms] 2:1 Extract		
Iron (as Amino Acid Chelate)	6 mg	33%			
Magnesium (as Oxide)	100 mg	25%			

Just one tablet nourishes, energizes and protects the major systems of a woman's body.*

SUGGESTED USAGE: For pure and potent protection, take one tablet per day, with or between meals.

Consult your health care professional prior to use if you are taking medication or have a medical condition.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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†SPINS Data

