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SUGGESTED USE

SHAKE WELL BEFORE USING

Add one full squeeze of the dropper bulb to 2 oz. of water or juice, two to four times per day. Best taken between meals. A full dose contains less than 9 mg of caffeine, which is equal to 1/12 of a cup of coffee.

Keep Out of the Reach of Children

Store away from heat & light

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GREEN TEA

OPTIMAL WELL-BEING



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Green Tea Liquid Extract

Supplement Facts

Serving Size: 0.7 ml	Servings: about 42
Amount Per Serving	% DV
Green Tea leaf (<i>Camellia sinensis</i>) [Ⓞ] extract 711 mg [Ⓢ]	†
† Daily Value (DV) not established	

Other Ingredients: distilled water, certified organic cane alcohol (23-33%) & vegetable glycerin. **GLUTEN-FREE**

Ⓞ Certified Organic

Ⓢ Equivalent to approx. 140 mg of herb.

Dry herb / menstruum ratio: 1 : 5

We prepare our Green Tea Extract from the young leaf of *Camellia sinensis* plants which are **Certified Organically Grown** on the Ambootia Tea Plantation in Darjeeling, India.

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