

Free of gluten • wheat • milk/dairy • nuts • eggs • fish • shellfish • yeast • sugar • artificial additives.

#1 Natural Men's Multivitamin Brand[†]

100% Recycled, 100% Recyclable,
BPA-Free Bottle
Remove label to recycle bottle.
To open, press along perforation.

New Look,
Same
Formula!



Performance Energy™ for Men

 Food-Based Multivitamin

Long-lasting energy & stamina for active men*
Advanced support for prostate & sexual health*
Aids digestion with probiotics & enzymes*

Gluten-Free | Milk/Dairy-Free
90 Tablets | Dietary Supplement

Complete, food-based, whole body protection
boosts energy and sexual function.*
This comprehensive powerhouse supplement
delivers a system of nutrients in optimal potencies
that work synergistically to fortify your body.*

- Long-lasting energy & stamina for active men*
Potent B vitamin complex • American ginseng •
eleuthero • organic spirulina
- Advanced support for prostate & sexual health*
Selenium • zinc • Asian ginseng • muira puama •
saw palmetto • ginkgo • ginger
- Healthy blood flow, plus brain and
cardiovascular wellness*
Vitamins D₃ & E • L-arginine • vanadium •
quercetin • rutin
- Aids digestion and nutrient absorption:
can take without food*
Probiotics • plant-source enzymes

SUGGESTED USAGE: For pure and potent
protection, take 4 tablets per day, with or
between meals.

KEEP OUT OF REACH OF CHILDREN. Consult your health care
professional prior to use if you are taking medication or have a
medical condition.

*These statements have not been evaluated by the Food
and Drug Administration. This product is not intended to
diagnose, treat, cure or prevent any disease.

Formulated & Distributed by
RAINBOW LIGHT NUTRITIONAL SYSTEMS®
Santa Cruz, CA 95060 ©2013

14-0-1 800.571.4701 www.rainbowlight.com *SPINS Data

Supplement Facts

Serving Size: 4 Tablets
Servings per Container: About 22

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Palmitate, Beta-Carotene)	5,000 IU 100%	Rutin	10 mg *
Vitamin C (as Ascorbic Acid)	250 mg 417%	Quercetin	10 mg *
Vitamin D ₃ (as Cholecalciferol)	1,000 IU 250%	Hesperidin	20 mg *
Vitamin E (as d-alpha Tocopheryl)	30 IU 100%	Choline (as Bitartrate)	100 mg *
Vitamin B-1 (as Thiamin Mononitrate)	27 mg 1,800%	Inositol	20 mg *
Riboflavin (Vitamin B-2)	30 mg 1,765%	Vanadium (as Amino Acid Chelate)	2 mg *
Vitamin B-3 (as Niacin, Niacinamide)	100 mg 500%	Performance & Stamina Blend	1,805 mg *
Vitamin B-6 (as Pyridoxine)	36 mg 1,800%	(equivalent to 5,940 mg powder) L-Arginine, Muira Puama [root] 4:1 Extract, Asian Ginseng [root] 4:1 Extract, American Ginseng [root] 4:1 Extract, Eleuthero [root] 5:1 Extract, Saw Palmetto [berry] Extract yielding 180 mg fatty acids, Ginkgo [leaf] 10:1 Extract yielding 96 mg flavone glycosides and 24 mg terpene lactones, Organic Spirulina, Ginger [root] 8:1 Extract	
Folic Acid	400 mcg 100%		
Vitamin B-12 (as Cyanocobalamin)	120 mcg 2,000%	Complete Digestive Support	81 mg *
Biotin	200 mcg 67%	Protease	6,488 HUT *
Vitamin B-5 (as Calcium Pantothenate)	50 mg 500%	Amylase	2,252 DU *
Calcium (as Carbonate, Citrate, Aspartate)	100 mg 10%	Lipase	36 FIP *
Iodine (from Kelp)	150 mcg 100%	Cellulase	28 CU *
Magnesium (as Oxide, Aspartate)	100 mg 25%	Bromelain	28,800 PU *
Zinc (as Citrate)	15 mg 100%	ProBioActive™ (<i>Bacillus coagulans</i>)	100 million CFU *
Selenium (as Selenomethionine)	200 mcg 286%		
Copper (as Glycinate)	1.5 mg 75%		
Manganese (as Citrate)	3 mg 150%		
Chromium (as Amino Acid Chelate)	200 mcg 167%		
Potassium (as Citrate)	30 mg <1%		
Citrus Bioflavonoid Complex	100 mg *		

Other Ingredients (natural mineral and vegetable source): microcrystalline cellulose, stearic acid, modified cellulose, silica. Coating: vegetable food grade (dextrin, dextrose, soy lecithin, carboxy methyl cellulose, sodium citrate)