



RAINBOW LIGHT®

Osteo-Build™



Food-Based Formula

Multi-Mineral Bone Strength & Repair

1,000 mg Calcium + Magnesium, D₃ & K₂

Optimal Absorption & Retention

120 Tablets

Multi-Mineral Supplement

Food-Based ~ Minerals ~ Botanicals

Advanced Bone Strengthening Formula for building and maintaining bone density.

Science-Backed Nutrient Strength

Contains potent vitamins and minerals – in combinations and potencies backed by the latest science – to build, strengthen and repair bones.* 100% of the recommended daily value of calcium (1,000 mg) for healthy teeth and bones, plus 500 mg magnesium, vitamin D₃ and manganese enhance calcium absorption and retention, and support bone formation and increased bone density.*

Vitamin K₂ increases calcium deposits within bones, and helps prevent and inhibit bone breakdown, and calcification in the arteries.* 2 mg of boron aid in reducing calcium and magnesium excretion.* Added copper supports the development and maintenance of healthy skin, blood vessels, joints and nerves.*

Food and Herbal Concentrates, including parsley, gotu kola and stinging nettle, nourish and support nutrient absorption, without stomach upset.*

SUGGESTED USAGE: Four tablets daily with or between meals.

Purity Guarantee: 100% Natural – Free of artificial colors, flavors, sweeteners, preservatives and additives. Contains no gluten, wheat, dairy, sugar or yeast.

KEEP OUT OF REACH OF CHILDREN. Consult a health care professional prior to use if you are taking medication or have a medical condition.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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To open, press along perforation.

Supplement Facts

Serving Size 4 Tablets

Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin D (as D ₃ Cholecalciferol)	1,000 IU	250%
Vitamin K1 (as Phyttonadione)	100 mcg	125%
Vitamin K2 (as MK-7) MenaQ7™ (from Soy)	45 mcg	56%
Calcium (as Amino Acid Chelate, Citrate-Malate)	1,000 mg	100%
Magnesium (as Amino Acid Chelate, Oxide, Krebs Complex [†] , Aspartate)	500 mg	125%
Zinc (as Citrate)	20 mg	133%
Copper (as Amino Acid Chelate)	2 mg	100%
Manganese (as Citrate)	5 mg	250%
Boron (as Glycinate)	2 mg	*
Nourishing Herbal Support	170 mg	*
(equivalent to 530 mg of herbal powder Horsetail [herb], Gotu Kola [leaf] 4:1 Extract, Stinging Nettle [leaf] 4:1 Extract		
Gentle Digestive Support	110 mg	*
Parsley [leaf] Concentrate	50 mg	*
Betaine HCl	60 mg	*

* Daily Value (DV) not established.

† Krebs Complex is a blend of citrate, malate, succinate, fumarate & alpha ketoglutarate forms of this mineral for optimal absorption.

Other Ingredients (natural mineral or vegetable source): cellulose, stearic acid, modified cellulose, silica. Coating: vegetable food glaze. (hydroxy propyl methyl cellulose, pharmaceutical glaze).