

Vegan. Contains NO: gluten • wheat • milk • lactose • tree nuts • peanuts • eggs • fish • shellfish.

#1 Trusted Natural Vitamin Brand[†]

JUST**1**ONCE[®]

100% Recycled, 100% Recyclable,

BPA-Free Bottle

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To open, press along perforation.

New Look,
Same
Formula!



Just Once[®]

Food-Based Multivitamin

Promotes heart, immune, brain & skin health*

Superfood energy & stress support*

Easy to digest with plant-source enzymes*

Vegan | Gluten-Free

60 Tablets | Dietary Supplement

Food-based multivitamin creates a difference you can feel – in just 1 tablet per day.*
Complete nutritional support and antioxidant protection in a base of whole foods for easy digestion.*

- Promotes heart, immune, brain & skin health*
Vitamins A, B6, B12, C, D, E • folic acid • zinc • selenium • choline
- Boosts energy & helps manage occasional stress*
Superfood Energy Complex • B complex vitamins
- Easy to digest: can be taken on an empty stomach*
Plant-source enzymes • whole foods

SUGGESTED USAGE: Take 1 tablet daily, with or between meals.

Consult your health care professional prior to use if you are pregnant, nursing, taking medication or have a medical condition.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated & Distributed by
RAINBOW LIGHT NUTRITIONAL SYSTEMS[®]
Santa Cruz, CA 95060 ©2014 800.571.4701
www.rainbowlight.com

[†]Wiest & Co. 2014

Supplement Facts

Serving Size: 1 Tablet
Servings per container: 60

	Amount Per Serving	%DV
Vitamin A (as Beta-carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid, Magnesium Ascorbate)	240 mg	400%
Vitamin D (as D2 Ergocalciferol)	400 IU	100%
Vitamin E (as d-alpha Tocopheryl)	30 IU	100%
Vitamin K (as Phytonadione)	30 mcg	38%
Vitamin B-1 (as Thiamin Mononitrate)	6 mg	400%
Riboflavin (Vitamin B-2)	6 mg	353%
Niacin (as Niacinamide)	30 mg	150%
Vitamin B-6 (as Pyridoxine)	6 mg	300%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	25 mcg	417%
Biotin	300 mcg	100%
Vitamin B-5 (as Calcium Pantothenate)	30 mg	300%
Calcium (as Amino Acid Chelate)	30 mg	3%
Iron (as Glycinate)	2 mg	11%
Iodine (from Kelp)	100 mcg	67%
Magnesium (as Glycinate, Ascorbate)	30 mg	8%
Zinc (as Citrate, Monomethionine)	5 mg	33%
Selenium (as Selenomethionine)	25 mcg	36%
Copper (as Glycinate)	500 mcg	25%
Manganese (as Glycinate)	2 mg	100%
Chromium (as Amino Nicotinate)	50 mcg	42%
Molybdenum (as Aspartate)	10 mcg	13%
Potassium (as Citrate)	20 mg	<1%

Boron (as Glycinate) (50 mcg*), Vanadium (as Vanadyl Sulfate) (8 mcg*), Lemon Bioflavonoid Complex (60 mg*), Kelp Powder (Atlantic) (20 mg*) Choline (as Bitartrate) (15 mg*), Inositol (15 mg*), Rutin (15 mg*), Hesperidin (10 mg*) PABA (para-Aminobenzoic Acid) (5 mg*)

Food Enzyme Complex 37 mg *

Protease (1,188 HUT*), Amylase (93 DU*), Lipase (1 FIP*)
Cellulase (1 CU*), Bromelain (12,000 PU*), Apple Pectin (20 mg*)

Superfood & Herbal Energy Complex 155mg *

(equivalent to 605 mg of food and herbal powder) Organic Spirulina, Chlorella, Eleuthero [root] 4:1 Extract, Stinging Nettle [tops] 4:1 Extract, Ginkgo [leaf] 50:1 Extract

* Daily Value (DV) not established.

Other Ingredients (natural mineral and/or vegetable source): cellulose, stearic acid, modified cellulose, silica. Coating: vegetable food glaze (dextrin, dextrose, soy lecithin, carboxy methyl cellulose, sodium citrate).



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