

**If you're serious about performance and results,  
you need the ALL-NEW MuscleTech® Performance Series!**

- NO Proprietary Blends
- NO Underdosed Key Ingredients
- NO Banned Substances
- NO Fillers
- NO Hype
- NO Exceptions

**Just the Most Powerful Formulas Available**

**The Strongest Pre-Workout Formula Ever Developed**

NANO VAPOR® is the first pre-workout to deliver the unique and innovative combination of ingredients found in its formula. It supplies key ingredients that have been dosed based on human clinical research and delivers:

**• First-Dose Strength Gains**

During the last set of an exhaustive 18-set chest workout, subjects taking 8,000mg of L-citrulline malate were still able to increase the number of reps on their bench press by 53%.<sup>1,2</sup>

**• Long-Lasting Focus and Clean Energy Boost**

First to combine 390mg of caffeine and 150mg of L-theanine. This unique combination has been shown to improve focus in subjects up to 90 minutes after ingestion.<sup>3</sup> Caffeine has also been shown to jack up energy for extreme training intensity.<sup>4,5</sup>

**• Best Muscle Pump Possible**

First to combine 8,000mg of L-citrulline malate and 200mg of quercetin. L-citrulline has been scientifically shown to reach superior peak plasma arginine levels compared to a larger dose of L-arginine.<sup>6</sup> Quercetin has been clinically shown to increase key markers of nitric oxide production and reduce a vasoconstricting factor.<sup>7,8</sup>

**• Faster Muscle Growth**

Delivers a clinically proven 5,000mg dose of creatine.<sup>9,10</sup>

**• Enhancement of the Muscle- and Strength-Building Process**

A 3,200mg dose of beta-alanine has been clinically shown to enhance the muscle- and strength-building process.<sup>7</sup> Most other pre-workout formulas deliver a questionable dose of this ingredient hidden in a proprietary blend.<sup>4</sup>

**• Longer and Harder Training Sessions**

First pre-workout to deliver a 2,500mg dose of betaine, which has been shown to improve muscular endurance.<sup>9</sup> Most other pre-workouts fail to deliver this powerful ingredient.<sup>4</sup>

**• Get More for Your Money**

Unlike the competition, Performance Series products contain superior key ingredients in clinically dosed amounts that are fully disclosed so you know exactly what you are paying for.

**• Best-in-Class Flavor**

Every flavor won in head-to-head third-party taste tests against the leading competitors.



**NEW  
& IMPROVED**

**MUSCLETECH**  
PERFORMANCE SERIES

# NANO VAPOR

**HARDCORE PRE-WORKOUT FORMULA**

**8g**

L-Citrulline Malate<sup>1</sup>

**3.2g**

Beta-Alanine<sup>7</sup>

**2.5g**

Betaine<sup>9</sup>

1 Per 3-scoop max serving

**IMMEDIATE ENERGY,  
FOCUS & STRENGTH\***

**MAXIMUM PUMPS\***

**LEAN MUSCLE  
& RECOVERY\***

**200mg**

Quercetin<sup>7</sup>

**5g**

Creatine<sup>9</sup>

**0g**

Sugar

**FRUIT PUNCH**

NATURAL AND ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT NET WT. 1.14 LBS. (519g)

**Supplement Facts**

Serving Size: 1 Scoop (13g)  
Servings Per Container: Approx. 40

| Amount Per                               | 1 Scoop | % Daily Value | 3 Scoops | % Daily Value |
|------------------------------------------|---------|---------------|----------|---------------|
| Calories                                 | 45      |               | 130      |               |
| Total Carbohydrate                       | 3g      | 1%*           | 9g       | 3%*           |
| Sugar                                    | 0g      | †             | 0g       | †             |
| Vitamin C (as ascorbic acid)             | 67mg    | 110%          | 200mg    | 330%          |
| Vitamin B6 (as pyridoxine hydrochloride) | 0.39mg  | 20%           | 1.17mg   | 60%           |
| Vitamin B12 (as cyanocobalamin)          | 1.2mcg  | 20%           | 3.6mcg   | 60%           |
| Calcium                                  | 120mg   | 10%           | 360mg    | 35%           |

**Pump and Performance Complex**

|                                                 |         |   |         |   |
|-------------------------------------------------|---------|---|---------|---|
| L-citrulline malate                             | 2,667mg | † | 8,000mg | † |
| Beta-alanine (as CarnoSyn®)                     | 1,067mg | † | 3,200mg | † |
| Betaine anhydrous                               | 833mg   | † | 2,500mg | † |
| Quercetin                                       | 67mg    | † | 200mg   | † |
| Yohimbe extract (as Pausinystalia yohimbe bark) | 25mg    | † | 75mg    | † |

Supplying yohimbine and rauwolfscine

**Cell Volumization and Growth Matrix**

|                      |         |   |         |   |
|----------------------|---------|---|---------|---|
| Creatine monohydrate | 1,667mg | † | 5,000mg | † |
| Taurine              | 1,500mg | † | 4,500mg | † |
| L-aspartic acid      | 1,000mg | † | 3,000mg | † |

**Energy and Focus Complex**

|                    |       |   |       |   |
|--------------------|-------|---|-------|---|
| Caffeine anhydrous | 130mg | † | 390mg | † |
| L-theanine         | 50mg  | † | 150mg | † |

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

**OTHER INGREDIENTS:** GLUCOSE POLYMERS, NATURAL AND ARTIFICIAL FLAVORS, CALCIUM CARBONATE, SILICON DIOXIDE, CALCIUM SILICATE, ACESULFAME-POTASSIUM, SUCRALOSE, FD&C RED NO. 40 LAKE, FD&C RED NO. 40, PROCESSED IN FACILITY THAT ALSO PROCESSES MILK, EGGS, SOY, WHEAT AND PEANUT INGREDIENTS.

Protected by U.S. patents #5,968,544 and #6,326,913. Other patents pending. Licensed under one or more of U.S. patent numbers 5,965,566, 5,429,387, 7,204,376 and 5,567,381, each of which is owned by National Alternatives International, Inc. (NAI). NAI is also the owner of the registered trademark CarnoSyn®. Distributed by InVivo Health Sciences U.S.A. Inc. 1185 North Market Street, Suite 1130, Wilmington, DE 19801. Made in the U.S.A. from international ingredients. © 2013. For lot no. and expiry date, see bottle.



**DIRECTIONS:** This is an extremely strong product. Please read the entire directions before consuming, and follow the tolerance assessment protocol. Assess your tolerance first by mixing 1 serving (1 scoop) with 4 oz. of cold water and drinking it about 30 minutes before your daily workout. Then increase the dosage to 2 and then 3 servings mixed with 8 to 12 oz. of cold water before working out. Do not exceed 3 servings (3 scoops) in a 24-hour period. Maintain an adequate state of hydration during use.

**WARNING:** Not intended for use by persons under 18. Do not use if pregnant or nursing. Discontinue use and consult a medical doctor if you experience unusual symptoms. Do not take while fasting. Consult a medical doctor before use if you have been treated for or diagnosed with, or have a family history of any medical condition, or if you are using any prescription or over-the-counter drugs, including blood thinners. One serving (1 scoop) of this product contains up to as much caffeine as one and one-half cups of coffee. Caffeine sensitive individuals may experience the following symptoms, including (but not limited to) restlessness, nervousness, tremors, headache, anxiety, palpitations, increased heart rate or difficulty sleeping. Do not combine with other sources of caffeine or stimulants. Consult a medical doctor before starting any diet or exercise program. Do not exceed recommended serving. Improper use of this product will not improve results and is not advised. Use only as directed. Do not use if packaging has been tampered with. Store in a cool, dry place (68°F to 80°F). **KEEP OUT OF REACH OF CHILDREN.**

▲ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**muscletech.com**

Twitter @TeamMuscleTech

Facebook.com/MuscleTech



8120US 0613