

# New Smaller Tablets

# New Cooling Relief & Soy-Free!

**ALLERGEN**  
**SafeGuard®**

| Supplement Facts                                                                                                                                                                                                                             |                    |     |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|-----|
| Continued from other panel                                                                                                                                                                                                                   |                    |     |
|                                                                                                                                                                                                                                              | Amount Per Serving | %DV |
| Digestive & Liver Support Complex                                                                                                                                                                                                            | 283 mg             | *   |
| Protease (2,168 HUT*), Amylase (752 DU*), Lipase (12 LU*), Cellulase (9 CU*), Betaine HCl (40 mg*), Ginger Juice Extract (80 mg*), Milk Thistle 50:1 Extract (50 mg*), equivalent to 2,500 mg of herbal powder), Organic Spirulina (100 mg*) |                    |     |
| * Daily Value (DV) not established                                                                                                                                                                                                           |                    |     |

Other Ingredients (natural mineral or vegetable source): microcrystalline cellulose, stearic acid, modified cellulose, silica. Coating: Vegetable food glaze (Hypromellose, oligofructose, coconut oil).

**Cooling Relief of genVida®** has been researched for helping to alleviate night sweats and reduce the number and severity of hot flashes associated with menopause.\*

**Bone Protection** with calcium and magnesium plus vitamins D3 and K2 promote calcium absorption and retention, and support bone density for added bone protection during menopause.\*

**Natural Energy and Overall Health** from a complete multivitamin and mineral formula, promotes overall energy and well-being, plus enzymes, ginger and milk thistle for digestive and liver support.\*

**SUGGESTED USAGE:** Take 2 tablets twice daily, preferably with meals.

**Purity Guarantee: Allergen SafeGuard®.** Contains no gluten, soy, yeast, milk, eggs, nuts, fish or shellfish. Contains no wheat, sugar or iron. 100% Natural – Free of artificial colors, flavors, sweeteners, preservatives and additives.

KEEP OUT OF REACH OF CHILDREN. Consult a health care professional prior to use if you are taking medication or have a medical condition.

\* These statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



New Formula for Greater Hot Flash Support!

**RAINBOW LIGHT®**

## Complete Menopause™ MULTIVITAMIN



**Reduces Hot Flashes & Night Sweats**  
**Bone Support & Natural Energy**

60 Tablets

Dietary Supplement

To open, press along perforation.

| Supplement Facts                                           |          |        |                                          |         |      |
|------------------------------------------------------------|----------|--------|------------------------------------------|---------|------|
| Serving Size: 4 Tablets<br>Servings per container: 15      |          |        |                                          |         |      |
| Amount Per Serving                                         |          | %DV    |                                          |         |      |
| Vitamin A (as Palmitate, Beta-carotene)                    | 5,000 IU | 100%   | Iodine (from Kelp)                       | 300 mcg | 200% |
| Vitamin C (as Ascorbic Acid)                               | 250 mg   | 417%   | Magnesium (as Oxide, Amino Acid Chelate) | 250 mg  | 63%  |
| Vitamin D3 (as Cholecalciferol)                            | 1,000 IU | 250%   | Zinc (as Amino Acid Chelate)             | 15 mg   | 100% |
| Vitamin E (as d-alpha Tocopheryl Succinate)                | 30 IU    | 100%   | Selenium (as Selenomethionine)           | 200 mcg | 286% |
| Vitamin K (as K1 Phylloquinone [80 mcg], K2 MK-7 [45 mcg]) | 125 mcg  | 156%   | Copper (as Amino Acid Chelate)           | 1.5 mg  | 75%  |
| Vitamin B-1 (as Thiamin Mononitrate)                       | 30 mg    | 2,000% | Manganese (as Amino Acid Chelate)        | 4 mg    | 200% |
| Riboflavin (Vitamin B-2)                                   | 30 mg    | 1,765% | Chromium (as Amino Acid Chelate)         | 300 mcg | 250% |
| Niacin (as Niacinamide)                                    | 30 mg    | 150%   | Molybdenum (as Amino Acid Chelate)       | 75 mcg  | 100% |
| Vitamin B-6 (as Pyridoxine)                                | 60 mg    | 3,000% | Citrus Bioflavonoid Complex              | 50 mg   | *    |
| Folic Acid                                                 | 800 mcg  | 200%   | Hesperidin                               | 50 mg   | *    |
| Vitamin B-12 (as Cyanocobalamin)                           | 500 mcg  | 8,333% | Boron (as Citrate)                       | 2 mg    | *    |
| Biotin                                                     | 500 mcg  | 167%   | Choline (as Bitartrate)                  | 100 mg  | *    |
| Vitamin B-5 (as Calcium Pantothenate)                      | 50 mg    | 225%   | Inositol                                 | 50 mg   | *    |
| Calcium (as Citrate, Amino Acid Chelate, Carbonate)        | 500 mg   | 50%    | Mixed Carotenoid Complex (D. Salina)     | 26 mg   | *    |
|                                                            |          |        | Genistein (geniVida®)                    | 30 mg   | *    |

Formulated & Distributed by **Rainbow Light Nutritional Systems®** www.rainbowlight.com  
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