

100% Vegetarian Borage Oil

NORDIC



NATURALS®



- ✓ **Radiant Skin\***
- ✓ **Flexible Joints\***
- ✓ **Fat Metabolism\***

NORDIC™  
**GLA**

450 mg GLA

New Zealand-grown borage oil for healthy skin  
and joints, and optimal fat metabolism\*



Dietary Supplement | 4 fl oz/119 mL

## Supplement Facts

Serving Size: ½ Teaspoon (2.5 mL) Servings per bottle: 48

| Amount Per Serving         | % Daily Value* |    |
|----------------------------|----------------|----|
| Calories                   | 20             |    |
| Calories from fat          | 20             |    |
| Total Fat                  | 2.5 g          | 4% |
| Saturated Fat              | 0 g            | 0% |
| Trans Fat                  | 0 g            | †  |
| Borage Oil                 | 2300 mg        | †  |
| GLA (Gamma-Linolenic Acid) | 480 mg         | †  |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.  
Less than 5 mg of Cholesterol per serving.

**Ingredients:** borage seed oil (*borago officinalis*), d-alpha tocopherol, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.

Please ♻ this container

Rev.E-01

Nordic GLA is a non-GMO, 100% vegetarian borage oil that nourishes skin, promotes immunity and healthy joints, and supports optimal fat metabolism.\*

Every batch of Nordic Naturals borage oils is tested by a third-party certified lab for environmental toxins, including heavy metals. All borage oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

**Suggested Use:** One-half teaspoon daily, with food, or as directed by your health care professional or pharmacist.

**Do not take if tamper-evident seal is broken or missing**

Refrigerate after opening

Best if used within 3 months after opening

Keep out of the reach of children

**Warning:** Consult with your physician before using this product if you are pregnant or lactating, use blood thinners, or anticipate surgery.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed from the U.S. by:  
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