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SUGGESTED USE
SHAKE WELL BEFORE USING
Add one full squeeze of the dropper bulb
to 2 oz. of water or juice, two to five times
per day. Best taken between meals.
Keep Out of the Reach of Children
Store away from heat & light

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leaf & flowering top

CATNIP

NERVOUS SYSTEM

Calming



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Catnip Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Catnip leaf & flowering top

(*Nepeta cataria*) Ⓢ Ⓢ extract 674 mg Ⓢ

†

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol
(45-55%) & vegetable glycerin. **GLUTEN-FREE**

Ⓢ Certified Organic Ⓢ Fresh (undried)

Ⓢ Equivalent to approx. 467 mg fresh herb.

Fresh herb / menstruum ratio: 1: 1.5

We prepare our Catnip Extract from the fresh
(undried) leaf & flowering top of *Nepeta cataria*
plants which are **Certified Organically Grown**
on our own farm.

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