

Free of • gluten • wheat • milk/dairy • nuts • soy • eggs • fish • shellfish • yeast • sugar • artificial additives.

#1 Natural Multivitamin Brand[†]
JUST1ONCE®

100% Recycled, 100% Recyclable,
BPA-Free Bottle
Please Remove label to recycle bottle.
To open, press along perforation.

New Look,
Same
Formula

Food-based, enhanced-absorption bone-builder*
Just one tablet per day helps build bone and relax muscles.* Provides 500 mg of calcium – the exact amount the body can absorb at one time – plus co-factors necessary for calcium absorption & utilization, as well as whole foods for easy digestion.*

- **Helps build and strengthen bones & teeth***
2:1 calcium to magnesium ratio

- **Supports muscle relaxation & bone flexibility***
Magnesium • 500 IU vitamin D₃

- **Promotes enhanced calcium absorption & utilization**
Magnesium • vitamin D₃ • food-based

- **Gentle on the stomach: can be taken with or between meals**

Mineral-rich whole foods • organic spirulina • betaine HCl

SUGGESTED USAGE: For pure and potent protection, take one tablet per day, with or between meals. May take 2 per day in divided doses for advanced usage.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

3.0-2

[†]SPINS Data



 **Food-Based
Calcium™**

With Magnesium & Vitamin D₃

Supports bone density & muscle relaxation*
Promotes enhanced absorption & utilization*
Gentle on the stomach with whole foods

Gluten-Free | Dairy-Free

180 Tablets | Dietary Supplement

Supplement Facts

Serving Size: 1 Tablet

Servings per container: 180

	Amount Per Serving	%DV
Calcium (as Carbonate, Amino Acid Chelate, Citrate-Malate)	500 mg	50%
Magnesium (as Oxide, Aspartate)	250 mg	63%
Vitamin D (as D ₃ Cholecalciferol)	500 IU	125%
Betaine HCl	20 mg	*
Stinging Nettle [tops]	20 mg	*
Horsetail [whole herb]	20 mg	*
Organic Spirulina	20 mg	*

* Daily Value (DV) not established.

Other ingredients (natural mineral or vegetable source): cellulose, stearic acid, modified cellulose gum, silica. Coating: vegetable food glaze (Hydroxypropyl cellulose, pharmaceutical glaze).

KEEP OUT OF REACH OF CHILDREN.

Consult a health care professional prior to use if you are taking medication or have a medical condition.

Formulated & Distributed by **RAINBOW LIGHT NUTRITIONAL SYSTEMS®**

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