



Store away from heat & light

Keep Out of the Reach of Children

before taking during pregnancy.

Caution: Seek expert medical advice

Add one full squeeze of the dropper bulb to 2 oz. of water or juice, two to four times per day. Best taken between meals.

SHAKE WELL BEFORE USING

SUGGESTED USE

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BLACK COHOSH

SYSTEM RESTORATION

Reproductive



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Black Cohosh Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
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Black Cohosh rhizome w/rootlet (<i>Actaea racemosa</i>) [Ⓞ] extract 590 mg [Ⓞ]	†
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† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (81-91%) & distilled water. **GLUTEN-FREE**

Ⓞ Certified Organic

Ⓞ Equivalent to approx. 140 mg of herb.

Dry herb / menstruum ratio: 1 : 5

We prepare our Black Cohosh Extract from the rhizome with rootlet of *Actaea racemosa* plants which are **Certified Organically Grown** on our own farm or in eastern Kentucky.

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CERTIFIED ORGANIC BY ORGANIC CERTIFIERS