

A Heritage of Purity & Potency

For over 30 years Herb Pharm has earned our customers' trust by making pure and potent botanical medicines. We've always understood that the integrity of our products directly affects your health and vitality.

Our extracts capture the flavor, aroma and broad-spectrum medicinal profile of the original plant, and we don't spike our products or otherwise meddle in Nature's intentional balance.

Our herbs must pass therapeutic profile analysis, sensory and macroscopic evaluation, as well as pesticide, herbicide, allergen, heavy metal and microbiological screening.

We use only clean ingredients. We never use synthetic solvents like hexane, methanol and petroleum ether. And, we don't add unnecessary binders, fillers, colors or preservatives.

For consistently safe and effective healing herbs, Herb Pharm has always been the gold standard.



Keep Out of the Reach of Children
Store away from heat & light

Peel back label for important cautionary statements & more information.

SUGGESTED USE
SHAKE WELL BEFORE USING
Internal: Take up to 10 drops in 8 oz. of water or juice, 1 to 3 times per day. Best taken between meals.
Topical: One to three times per day gently rub a small amount into the affected area until well absorbed.

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HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

whole flower
ARNICA
NERVOUS SYSTEM
Minor Pain

Arnica Liquid Extract

Caution: Do not use during pregnancy, if trying to become pregnant or during nursing. Consult expert medical advice before using in children under 15 years of age, asthmatics, the aged and severely weakened individuals. Do not exceed recommended dose and limit internal use to two consecutive weeks followed by a two week break. Do not use on broken or abraded skin. Discontinue use if irritation appears on skin or in mouth, throat or stomach. Prolonged topical use or use on broken skin may cause skin irritation.

Do not use if seal is broken or missing.
Keep bottle tightly closed and store away from heat & light.

Arnica Liquid Extract

Supplement Facts

Serving Size: 0.22 ml

Servings: about 135

Amount Per Serving

% DV

Arnica flower (*Arnica montana*) extract 194 mg

† Daily Value (DV) not established

Other Ingredients: certified organic alcohol (66-76%) & distilled water. **GLUTEN-FREE**

Ⓢ Certified Organic Ⓢ Sustainably Wildcrafted

Ⓢ Equivalent to approximately 22 mg of herb.

Dry herb / menstruum ratio: 1 : 10

We prepare our Arnica Extract from the whole flowers of *Arnica montana* plants which are **Certified Organically Grown** and/or **Sustainably Wildcrafted** in their natural, high mountain habitat.

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