

#### SUGGESTED USE:

**SPOON STIRRED:** Just add three heaping scoops of **INCREDIBULK™** to a glass filled with 16 oz of water, nonfat milk or your favorite beverage. Then mix it up with a spoon. Stir for about 20 seconds or until powder is completely dissolved.

**SHAKER:** Just add three heaping scoops of **INCREDIBULK™** to your shaker cup and then pour in 16 oz of your preferred beverage. Cover and shake for 20-30 seconds. Tip: Mixing three scoops with 6-8 fl oz of nonfat milk instead of water will give you a thicker, creamier shake.

**BLENDER:** Add three heaping scoops of **INCREDIBULK™** to a blender filled with 16 oz of water, nonfat milk, or your favorite beverage. Blend for 30-40 seconds. Then add a few ice cubes and blend for an additional 30 seconds. **INCREDIBULK™** is a superior formula that can be used to support high-calorie needs in a variety of ways.

**NOTE:** For best results use **INCREDIBULK™** combined with intense weight training (3-5 times per week) and a sensible diet. Also, keep in mind that sufficient recovery between workouts impacts your ability to gain lean mass. Allowing at least 48 hours between workouts involving the same body parts is recommended.

**AS A GENERAL RULE, CONSUME APPROXIMATELY 1 GRAM OF PROTEIN PER POUND OF BODY WEIGHT PER DAY, SPREAD OVER 5-7 MEALS AND/OR SUPPLEMENTS.**

**DUAL CARBOHYDRATE SOURCE FOR STEADY ABSORPTION +**

**MADE ESPECIALLY FOR ECTOMORPHS (HARD GAINERS) +**

**LOADED WITH MUSCLE BUILDING AMINO ACIDS +**

**DELICIOUS CREAMY MILKSHAKE TASTE +**

+ THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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#### 1300 SCALE BUSTING REASONS YOU NEED TO GET ON INCREDIBULK™!

You are busting your a\*\* in the gym every single day, eating everything that doesn't eat you first, and you still look like your high school yearbook picture. Never fear....**INCREDIBULK™** is here! Each serving of **INCREDIBULK™** is jam-packed with 1300 deliciously-rich calories designed to maximize your tireless efforts in the gym and at the kitchen table.

#### MOST GAINERS ARE JUST BIG BAGS OF SUGAR!

FACT....most gainers in the marketplace today are nothing more than cheap fillers that meet high-calorie label claims. What does that mean to you? It means that your temporary "gains" are nothing more than water and FAT... At ProSupps™, we KNOW the difference between "good" gains and "bad" gains. We have designed all of our products for elite athletes; **INCREDIBULK™** is no different. Packed with complex carbohydrates and multi-phased proteins, **INCREDIBULK™** is for hard-gainers of all ages and all types of athletes. Whether you are looking to add size before next season, or wanting to add size before your next company picnic, **INCREDIBULK™** will insure that your gains are quality, sustainable and REAL!



SCAN TO VIEW  
**INCREDIBULK™**  
IN ACTION!

FOR MORE INFO  
ON OUR LATEST  
PRODUCTS VISIT US AT:  
[WWW.PROSUPPS.COM](http://WWW.PROSUPPS.COM)

RESULTS...PERIOD!



SUPER WEIGHT  
GAINER  
FORMULA

CHOCOLATE FUDGE CAKE

NATURAL & ARTIFICIAL FLAVORS

8 SERVINGS

NET WEIGHT 6 LBS (2696 GRAMS)

#### NUTRITION FACTS

Serving Size: 3 Scoops (337 g)

Servings per container: 8

	Amount per serving	%Daily Value*
Calories	1300	
Calories from Fat	100	
Total Fat	11 g	17%
Saturated Fat	6 g	30%
Trans Fat	0 g	
Cholesterol	236 mg	79%
Sodium	627 mg	26%
Potassium	858 mg	25%
Total Carbohydrate	248 g	83%
Dietary Fiber	7 g	28%
Sugars	33 g	
Protein	56 g	112%
Vitamin A		0%
Vitamin C		0%
Calcium		24%
Iron		39%

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

**Ingredients:** Maltodextrin, Protein Matrix (Whey Cream, Whey Protein Isolate), Amino Acid Complex (L-Glycine, L-Leucine, L-Isoleucine, L-Valine, L-Glutamine), Fructose, Cocoa, Natural & Artificial Flavor, Soluble Corn Fiber, Corn Starch, Sunflower Oil, Sodium Chloride, Corn Syrup Solids, Guar Gum, Xanthan Gum, Sucralose, Acesulfame K, Creatine Monohydrate, Sodium Caseinate, Monoglycerides, Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols

**Allergen Information:** Contains milk and soy (as soy lecithin). Contains NO soy protein. **Allergen Warning:** Produced in a facility that processes milk, egg, soy, wheat, tree nuts and peanut.

**DIABETICS AND HYPOGLYCEMICS SHOULD ONLY USE THIS PRODUCT UNDER THE ADVICE OF A QUALIFIED, LICENSED PHYSICIAN OR DIETITIAN. STORE IN A COOL, DRY PLACE.**

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



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IN A cGMP FACILITY

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