

CODE 329211
Directions: As a dietary supplement, take the contents of one pack daily with food.
Each pack contains:

Women's Ultra Mega® Active without Iron

Supplement Facts

Serving Size Two Orange Caplets		
Amount Per Serving		% Daily Value
Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg	333%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacinamide & Niacin)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate)	500 mg	50%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as L-Selenomethionine)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Chloride (as Potassium Chloride)	72 mg	2%
Potassium (as Potassium Chloride)	80 mg	2%
Performance, Energy & Metabolism Blend	100 mg	*
Panax ginseng Root Extract, Ginkgo biloba Leaf Extract, Green Tea Leaf Extract, L-Valine, L-Leucine, L-Isoleucine		
Joint Cushion Support Blend	50 mg	*
MSM (Methylsulfonyl-methane), Collagen, Hyaluronic Acid (HA)		
alpha-Lipoic Acid	25 mg	*
Choline (as Choline Bitartrate)	10 mg	*
Inositol	10 mg	*

Amount Per Serving		% Daily Value
Cranberry Concentrate (<i>Vaccinium macrocarpon</i>)	10 mg	*
Silica (as Silicon Dioxide)	4 mg	*
Boron (as Hydrolyzed Protein Chelate)	2 mg	*
Lutemax 2020™ Lutein	950 mcg	*
Lycopene	950 mcg	*
Zeaxanthin (as Zeaxanthin Isomers)	190 mcg	*
Astaxanthin	50 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Flavor, Riboflavin, Glycerol Esters, Sucralose, Carmine Color.

CONTAINS: Fish and Soybeans.

Conforms to USP <2091> for weight.

Energy Enhancer

Supplement Facts

Serving Size Two Beige Caplets		
Amount Per Serving		
Guarana Seed Extract (<i>Paullinia cupana</i>)(36% Caffeine = 180 mg)	495 mg	*
Black Tea Leaves Extract (<i>Camellia sinensis</i>)	272 mg	*
MegaNatural® Grape Skin & Seed Extract (<i>Vitis vinifera</i>)	210 mg	*
Ginger Root Extract (<i>Zingiber officinale</i>)(5% Gingerols = 10 mg)	200 mg	*
MegaNatural® Gold Grape Seed Extract (<i>Vitis vinifera</i>)	125 mg	*
Dill Weed Extract (<i>Anethum graveolens</i>)	5 mg	*

* Daily Value not established.

Other Ingredients: Dextrose, Cellulose, Starch, Titanium Dioxide (Natural Mineral Whitener), Caramel Color, Ethyl Vanillin.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

EMG

Calcium 600

Supplement Facts

Serving Size One Peach Caplet		
Amount Per Serving		% Daily Value
Vitamin D (as Cholecalciferol D-3)	400 IU	100%
Calcium (as Calcium Carbonate)	600 mg	60%

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Artificial Color (FD&C Yellow #6 Lake).

CONTAINS: Soybeans.

Potency of Calcium verified by GNC procedure #4000.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

ACTUAL SIZE

L-Carnitine

Supplement Facts

Serving Size One White Caplet		
Amount Per Serving		
L-Carnitine (as L-Carnitine Fumarate)	500 mg	*

* Daily Value not established.

Other Ingredients: Corn Starch, Dicalcium Phosphate, Cellulose.

Potency verified by GNC procedure #5064.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

ACTUAL SIZE

For more information:
1-888-462-2548

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GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!

CLA 1000

Supplement Facts

Serving Size One Yellow Softgel Capsule		
Amount Per Serving		% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
Conjugated Linoleic Acid (CLA) (Clarinol®)	1000 mg	*

† Percent Daily Value based on a 2,000 calorie diet.

* Daily Value not established.

Other Ingredients: Gelatin, Glycerin.

WARNING: For adult use only. Do not use this product if you are pregnant or lactating. If you are taking medication or have a medical condition, consult a physician before using this product.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

ACTUAL SIZE



Clarinol® CLA is a registered trademark of Lipid Nutrition.



MegaNatural® and its logo are trademarks of Constellation Wines U.S., Inc.



Lutemax 2020™ is a trademark of OmniActive Health Technologies.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

† Compared to leading brands.

No Wheat, No Gluten, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

2X MORE D-3†



WOMEN'S
ULTRA
MEGA®
Active

Dietary Supplement

VITAPAK® PROGRAM
FOR ACTIVE WOMEN

- Clinically studied multivitamin^ with 2,000 IU of vitamin D-3
- Increases energy and calorie burning*
- Fuels fatty acid metabolism with carnitine and CLA*
- Cushions joints with vitamin C, collagen and HA*



30 PACKS



CLINICALLY
STUDIED^

WOMEN'S ULTRA MEGA® ACTIVE

GNC Women's Ultra Mega® Active Vitapak® Program conveniently combines nutrients that support a woman's overall nutritional needs with focused ingredients to promote optimal health, joint cushioning and athletic performance.*

- **Women's Ultra Mega® Active without Iron** – Our premium timed-release, clinically studied^ formula includes vitamins and minerals to supplement key nutrients that may be missing in your daily diet. Women's Ultra Mega® Active contains 1,600 IU of vitamin D-3 for breast and bone health and immune support, as well as, B-vitamins that are important for carbohydrate metabolism and energy production.* It's enhanced with 500 mg of bone-strengthening calcium and joint cushioning blend with vitamin C, collagen and hyaluronic acid. It also combines a broad spectrum of cell-protecting antioxidant nutrients that also support immune health with key electrolytes that help regulate body fluids.*
- **Energy Enhancer** – This clinically proven thermogenic formula helps to enhance your metabolism and improve your ability to burn more calories.* Includes a powerful combination of ingredients designed to help give you the extra boost of energy you need in your busy day.
- **Conjugated Linoleic Acid (CLA)** – A naturally occurring fatty acid derived from safflower seeds. This clinically studied CLA enhances your diet and is a healthy source of natural energy.*
- **L-Carnitine** – An amino acid, L-carnitine helps to facilitate the metabolism of long chain fatty acids.* L-carnitine is stored in skeletal muscles where it is needed to transform fatty acids into energy for muscle activity.*
- **Calcium 600** – This bone supporting caplet combines 600 mg of bone building calcium and 400 IU of vitamin D-3 to enhance calcium absorption.*

The Women's Ultra Mega® Active Vitapak® Program provides 1,100 mg calcium and 2,000 IU vitamin D-3.

^In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.