

CODE 329211
Directions: As a dietary supplement, take the contents of one pack daily with food.
Each pack contains:

Women's Ultra Mega® Active without Iron

Supplement Facts

Serving Size Two Orange Caplets		
Amount Per Serving		% Daily Value
Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg	333%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacinamide & Niacin)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate)	500 mg	50%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as L-Selenomethionine)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Chloride (as Potassium Chloride)	72 mg	2%
Potassium (as Potassium Chloride)	80 mg	2%
Performance, Energy & Metabolism Blend	100 mg	*
Panax ginseng Root Extract, Ginkgo biloba Leaf Extract, Green Tea Leaf Extract, L-Valine, L-Leucine, L-Isoleucine		
Joint Cushion Support Blend	50 mg	*
MSM (Methylsulfonyl-methane), Collagen, Hyaluronic Acid (HA)		
alpha-Lipoic Acid	25 mg	*
Choline (as Choline Bitartrate)	10 mg	*
Inositol	10 mg	*

Amount Per Serving		% Daily Value
Cranberry Concentrate (<i>Vaccinium macrocarpon</i>)	10 mg	*
Silica (as Silicon Dioxide)	4 mg	*
Boron (as Hydrolyzed Protein Chelate)	2 mg	*
Lutemax 2020™ Lutein	950 mcg	*
Lycopene	950 mcg	*
Zeaxanthin (as Zeaxanthin Isomers)	190 mcg	*
Astaxanthin	50 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Flavor, Riboflavin, Glycerol Esters, Sucralose, Carmine Color.

CONTAINS: Fish and Soybeans.

Conforms to USP <2091> for weight.

ACTUAL SIZE

Energy Enhancer

Supplement Facts

Serving Size Two Beige Caplets		
Amount Per Serving		% Daily Value
Guarana Seed Extract (<i>Paullinia cupana</i>)(36% Caffeine = 180 mg)	495 mg	*
Black Tea Leaves Extract (<i>Camellia sinensis</i>)	272 mg	*
MegaNatural® Grape Skin & Seed Extract (<i>Vitis vinifera</i>)	210 mg	*
Ginger Root Extract (<i>Zingiber officinale</i>)(5% Gingerols = 10 mg)	200 mg	*
MegaNatural® Gold Grape Seed Extract (<i>Vitis vinifera</i>)	125 mg	*
Dill Weed Extract (<i>Anethum graveolens</i>)	5 mg	*

* Daily Value not established.

Other Ingredients: Dextrose, Cellulose, Starch, Titanium Dioxide (Natural Mineral Whitener), Caramel Color, Ethyl Vanillin.

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

Calcium 600

Supplement Facts

Serving Size One Peach Caplet		
Amount Per Serving		% Daily Value
Vitamin D (as Cholecalciferol D-3)	400 IU	100%
Calcium (as Calcium Carbonate)	600 mg	60%

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Artificial Color (FD&C Yellow #6 Lake).

CONTAINS: Soybeans.

Potency of Calcium verified by GNC procedure #4000.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

L-Carnitine

Supplement Facts

Serving Size One White Caplet		
Amount Per Serving		% Daily Value
L-Carnitine (as L-Carnitine Fumarate)	500 mg	*

* Daily Value not established.

Other Ingredients: Corn Starch, Dicalcium Phosphate, Cellulose.

Potency verified by GNC procedure #5064.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

For more information:
1-888-462-2548

SHOP NOW @ GNC.COM

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GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back guarantee.

GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!

CLA 1000

Supplement Facts

Serving Size One Yellow Softgel Capsule		
Amount Per Serving		% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
Conjugated Linoleic Acid (CLA) (Clarinol®)	1000 mg	*

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Gelatin, Glycerin.

WARNING: For adult use only. Do not use this product if you are pregnant or lactating. If you are taking medication or have a medical condition, consult a physician before using this product.

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

Clarinol® CLA is a registered trademark of Lipid Nutrition.

MegaNatural® and its logo are trademarks of Constellation Wines U.S., Inc.

Lutemax 2020™ is a trademark of OmniActive Health Technologies.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

† Compared to leading brands.

No Wheat, No Gluten, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

2X MORE D-3†

WOMEN'S ULTRA MEGA® Active

Dietary Supplement

VITAPAK® PROGRAM FOR ACTIVE WOMEN

- Clinically studied multivitamin^ with 2,000 IU of vitamin D-3
- Increases energy and calorie burning*
- Fuels fatty acid metabolism with carnitine and CLA*
- Cushions joints with vitamin C, collagen and HA*



30 PACKS

CLINICALLY STUDIED^

ACTIVE

WOMEN'S ULTRA MEGA® ACTIVE

GNC Women's Ultra Mega® Active Vitapak® Program conveniently combines nutrients that support a woman's overall nutritional needs with focused ingredients to promote optimal health, joint cushioning and athletic performance.*

- **Women's Ultra Mega® Active without Iron** – Our premium timed-release, clinically studied^ formula includes vitamins and minerals to supplement key nutrients that may be missing in your daily diet. Women's Ultra Mega® Active contains 1,600 IU of vitamin D-3 for breast and bone health and immune support, as well as, B-vitamins that are important for carbohydrate metabolism and energy production.* It's enhanced with 500 mg of bone-strengthening calcium and joint cushioning blend with vitamin C, collagen and hyaluronic acid. It also combines a broad spectrum of cell-protecting antioxidant nutrients that also support immune health with key electrolytes that help regulate body fluids.*
- **Energy Enhancer** – This clinically proven thermogenic formula helps to enhance your metabolism and improve your ability to burn more calories.* Includes a powerful combination of ingredients designed to help give you the extra boost of energy you need in your busy day.
- **Conjugated Linoleic Acid (CLA)** – A naturally occurring fatty acid derived from safflower seeds. This clinically studied CLA enhances your diet and is a healthy source of natural energy.*
- **L-Carnitine** – An amino acid, L-carnitine helps to facilitate the metabolism of long chain fatty acids.* L-carnitine is stored in skeletal muscles where it is needed to transform fatty acids into energy for muscle activity.*
- **Calcium 600** – This bone supporting caplet combines 600 mg of bone building calcium and 400 IU of vitamin D-3 to enhance calcium absorption.*

The Women's Ultra Mega® Active Vitapak® Program provides 1,100 mg calcium and 2,000 IU vitamin D-3.

^In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.