*Formulated by Mark Timon

Foundar Wheatt Health

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VIBRANT HEALTH® WHERE SCIENCE & NATURE MEET

Comprehensive Plant Proteins Balanced for Rapid & Complete Absorption

PUREGREEN PROTEIN

Amino Acid Ratio of Human Muscle



20g of Protein per Serving Added B12 & Enzymes

to Improve Muscle Synthesis & Endurance⁴

An Alkalinizing, Nutrient Dense, Plant Protein Complex* from 13.7 lbs of Vegetables with All Branched-Chain Aminos (BCAAs)

VEGAN/VEGETARIAN

Net Wt. 488.4 grams (17.23 oz.) CLINICALLY FORMUL ATED*

GLUTEN FREE/SOY FREE DIFTARY SLIPPI EMENT

FULL DISCLOSURE LABEL | NO PROPRIETARY BLENDS

Supplement Facts Sensing Size 1 scoop (37.57 g) Servings per container 13

Amount per serving		% DV
Calories	147	
Calories from fat	16.4	
Total Fat	1.82 q	39
Total Carbohydrate	11.7 g	45
Dietary fiber	2.41 g	109
Sugars	5.79 g	
Protein	20.9 g	429
Vitamin A (from beta carotene)	5,450 Lu.	1099
Vitamin B12 (from Methylcobalamin)	250 mcg	4,1679
Calcium	311 mg	319
Iron	11.9 mg	665
Sodium	174 mg	79
Potassium	192 mg	55
Yellow Pea Protein	13.19 g	
Alfalfa protein	6.59 g	
Evaporated Cane Juice (certified organ	ic) 5 g	
Rice protein (certified organic)	4.4 g	
Cocoa powder (certified organic)	2.5 g	
Spirulina powder (certified organic)	2.2 g	
Natural Sweetener with Luo Han Guo	0.83 g	
L-Lysine	730 mg	
L-Threonine	590 mg	
L-Valine	510 mg	
Material Changelata Flavore	F00	

Protease, from Aspergillus niger Daily Value IDVI not established

Typical Profile of Essential Amino Acids 2 a | Isoleucine 18 a Thrennine 1.7 g Phenylalanine 0.65 a beni-esental 1,47 g Methionine

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*▶ PureGreen Protein: The Smart Alternative Most of today's meats and dairy products carry dangerous amounts of growth

stimulant, antibiotic, and hormone contaminants. Plant proteins are free of those harmful substances. They can be used in place of animal protein, but only if all the essential amino acids are present in the right combination. Nearly all plant proteins lack one or more essential amino acids, or contain so little of one that it is as if the amino acid were absent. But a few plant proteins fare better. Pea protein ranks highly with an amino acid ratio roughly approximating human muscle. Spirulina protein and rice protein contain good amounts of all essential amino acids.*

Matches Human Muscle

By combining a variety of plant proteins in correct amounts, and adding a few select free aming acids, we created a nure vegetable protein with an aming acid ratio that surnasses albumin and whey proteins, and is nearly equal to that of human muscle tissue. We call it PureGreen Protein**. Non-GMO protein from Pea. Rice. Spirulina and Alfalfa are joined with four free amino acids (Lysine, Methionine, Threonine and Valine) to create the first all vegetable protein ideally balanced for human compatibility.*

► Branched-Chain Amino Acids

Valine Leurine and Isoleucine are the Branched-Chain Amino Acids (RCAAs). They are responsible for muscle synthesis and repair. 75% of all BCAAs ingested by infants go to muscle synthesis. Athletes need them too for muscle building and endurance BCAAs can be consumed for fuel during prolonged exercise. As they are lost, more tryptophan metabolites enter the brain, thereby raising serotonin levels, Elevated serotonin during exercise creates a sense of fatigue. Supplemental BCAAs may reduce perreived exertion and mental fatigue during prolonged exercise by supporting normal RCAA: tryotophan ratios, thereby limiting increased synthesis of sentonin in the brain.*

▶ Directions As a dietary supplement, once each day - or more often if you would like - mix one level scoop (enclosed) of PureGreen Protein into 8 ounces of your favorite juice, rice or almond beverage, or water, Stir briskly, Drink and prosper, Store in a cool, dry place. Keep out of reach of children. Also available in Vanilla, Mixed Berry and Natural.

► Smoothie Recipe

1 serving of PureGreen Protein Chocolate 1 % curs cold water

1 cup unsweetened almond milk 1 cup raspberries

Combine all ingredients, blend until smooth and Fniova



15 Ingredient Formula



*These statements have not been evaluated by the Food and Drun Administration. This conduct is not intended to diamense, treat, cure or research any disease.

