

# VIBRANT HEALTH®

WHERE SCIENCE & NATURE MEET

## Supplement Facts

Serving Size 1 scoop (30.17 g)

Servings per container 10

Amount per serving	% DV*
Calories	117
Calories from fat	15.3
<b>Total Fat</b>	1.6 g 2%
<b>Total Carbohydrate</b>	3.4 g 2%
Dietary fiber	1.55 g 6%
Sugars	0.63 g
<b>Protein</b>	20.1 g 40%
Vitamin A (from beta carotene)	9,180 IU 184%
Vitamin B12 (from Methylcobalamin)	250 mcg 4,167%
Calcium	290 mg 29%
Iron	8.87 mg 49%
<b>Sodium</b>	166 mg 7%
<b>Potassium</b>	119 mg 3%
Yellow Pea Protein	13.19 g **
Alfalfa protein	6.59 g **
Rice protein (certified organic)	4.4 g **
Spirulina powder (certified organic)	2.2 g **
Natural Sweetener with Luo Han Guo	0.83 g **
L-Lysine	730 mg **
Natural Mixed Berry Flavor	600 mg **
L-Threonine	590 mg **
L-Valine	510 mg **
L-Methionine	370 mg **
Protease, from Aspergillus niger	75 SAPU **
Protease, from Aspergillus oryzae	20,000 HUT **
Alpha-galactosidase	300 GalU **

\*Percent Daily Values are based on a 2,800 calorie diet  
\*\*Daily Value (DV) not established

Typical Profile of Essential Amino Acids	
Leucine	2 g
Valine	1.8 g
Lysine	1.7 g
Arginine	0.65 g
(non-essential)	1.47 g
Isoleucine	1.2 g
Threonine	1.18 g
Phenylalanine	0.92 g
Tryptophan	0.65 g
Methionine	0.59 g

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Comprehensive Plant Proteins  
Balanced for Rapid & Complete Absorption

## PUREGREEN PROTEIN™

*Amino Acid Ratio of Human Muscle*

VERSION 2.0 MIXED BERRY Tastes Great!

20g of Protein per Serving  
Added B12 & Enzymes

An Alkalinizing, Nutrient Dense,  
Plant Protein Complex\* from

13.7 lbs of Vegetables with  
All Branched-Chain Aminos (BCAAs)  
to Improve Muscle Synthesis & Endurance\*

10 SINGLE SERVING PACKETS  
VEGAN/VEGETARIAN  
Net Wt. 301.7 grams (10.64 oz.)  
CLINICALLY FORMULATED\*



GLUTEN FREE/ SOY FREE  
DIETARY SUPPLEMENT

LOOK WHAT'S INSIDE

13 Ingredient  
Formula

# VIBRANT HEALTH®

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The ONLY protein supplement with the  
amino acid balance of human muscle.  
Why even consider anything else?

### \*► PureGreen Protein: The Smart Alternative

Most of today's meats and dairy products carry dangerous amounts of growth stimulant, antibiotic, and hormone contaminants. Plant proteins are free of those harmful substances. They can be used in place of animal protein, but only if all the essential amino acids are present in the right combination. Plant proteins in general lack one or more essential amino acids, or contain so little of one that it is as if the amino acid were absent. Other plant proteins fare better. Pea protein ranks highly with an amino acid ratio roughly approximating human muscle. Spirulina protein and rice protein contain good amounts of all essential amino acids.\*

### ► Matches Human Muscle

By combining a variety of plant proteins in correct amounts, and adding a few select free amino acids, we created a pure vegetable protein with an amino acid ratio that surpasses albumin and whey proteins, and is nearly equal to that of human muscle tissue. We call it PureGreen Protein™. Non-GMO protein from Pea, Rice, Spirulina and Alfalfa are joined with four free amino acids (Lysine, Methionine, Threonine and Valine) to create the first all vegetable protein ideally balanced for human compatibility.\*

### ► Branched-Chain Amino Acids

Valine, Leucine and Isoleucine are the Branched Chain Amino Acids (BCAAs). They are responsible for muscle synthesis and repair. 75% of all BCAAs ingested by infants go to muscle synthesis. Athletes need them too for muscle building and endurance. BCAAs can be consumed for fuel during prolonged exercise. As they are lost, more tryptophan metabolites enter the brain, thereby raising serotonin levels. Elevated serotonin during exercise creates a sense of fatigue. Supplemental BCAAs may reduce perceived exertion and mental fatigue during prolonged exercise by supporting normal BCAA: tryptophan ratios, thereby limiting increased synthesis of serotonin in the brain.\*

\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

TRUTH TRUST TRANSPARENCY  
FULL DISCLOSURE LABEL  
NO PROPRIETARY BLENDS

► Each packet provides 30.17 grams of specially selected vegetable proteins and free amino acids, carefully combined so their amino acid profile closely matches that of human muscle tissue.

► **Directions** As a dietary supplement, once each day - or more often if you would like - mix one packet of PureGreen Protein™ into 4 to 8 ounces of your favorite juice, rice, or almond beverage, or water. Stir Briskly. Drink, enjoy and prosper. Store in a cool, dry place. Keep out of reach of children.

### ► Smoothie Recipe

1 packet of PureGreen Protein Mixed Berry  
1 ½ cups cold water  
1 banana  
1 cup banana or vanilla yogurt  
1 tbs. creamy nut butter of choice  
Combine all ingredients, blend until smooth and Enjoy!

► Also Available In Natural, Chocolate, & Vanilla



\*Formulated by Mark Timon,  
Founder, Vibrant Health  
MS Clinical Nutrition

*Mark Timon*

Manufactured for & Distributed by Vibrant Health, Canaan, CT 06018  
1-800-242-1835 www.vibranthealth.us **MADE IN THE USA SINCE 1992**



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