

The StrongGirl™ Weight Loss Advantage

StrongGirl™ Smart Weight Loss was designed with 100% premium ingredients, including a key ingredient shown in scientific research to help people lose weight. StrongGirl™ Smart Weight Loss will give you the edge you want in your fitness plan to help you achieve the body you desire. Featuring the female-friendly ingredients folic acid, B vitamins and vitamin D, StrongGirl™ Smart Weight Loss also delivers the advanced weight loss ingredient green coffee, plus the hot ingredients garcinia cambogia, *Caralluma*, amla fruit and caraway. ²StrongGirl™ Smart Weight Loss also provides caffeine to improve focus and support enhanced metabolism, and to increase intensity and provide smooth energy to power you through your training.[†]

Key Ingredient Backed by 2 Scientific Studies

¹Average weight loss with key ingredient (200mg of green coffee bean extract standardized to 45% chlorogenic acids) was 10.95 lbs. in a 60-day study with a low-calorie diet, and 3.7 lbs. in a separate 8-week study with a calorie-reduced diet and moderate exercise.[†]

The StrongGirl™ Promise

You demand more out of your training, more out of life, and more out of your nutrition – you're a Strong Girl. You're a fitness fanatic, a weekend warrior, an obstacle course enthusiast, a recreational athlete, a busy mom and a strong, active woman. You're bold, inspiring and forever improving. StrongGirl™ supplements are designed to help you achieve your goals and be the best version of yourself. Its premium nutrition and effective formulas so you can be beautiful and strong – both inside and out. You're a StrongGirl™.

Be The Best You! Be Positive. #BeStrong.

The StrongGirl™ Advantage

- ✓ Formulated with Female-Friendly Ingredients
- ✓ Free of Banned Substances
- ✓ Developed with a Scientifically Researched Key Ingredient¹
- ✓ Free of Harmful Impurities
- ✓ Free of Undeclared Ingredients

For more information, including recipes, workouts, tips and inspiration, join our social communities:

 @stronggirlnutrition

 StrongGirl

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www.Stronggirl.com

NEW

685mg
Weight Loss
Plus Blend

B
Vitamins

Folic
Acid

STRONGgirl™
created by women, for women

SMART WEIGHT LOSS♀ POWERFUL THERMOGENIC[†]

- Effective Weight Loss^{†,1}
- Boosts Energy & Supports Metabolism^{†,2}
- With Green Coffee, Garcinia & More

120 Easy-to-Swallow
Capsules
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 60

Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol)	100 IU 25%
Vitamin B6 (as pyridoxine hydrochloride)	0.4mg 20%
Folic acid	200mcg 50%
Vitamin B12 (as cyanocobalamin)	1.2mcg 20%
Smart Weight Loss Plus Blend	685mg
Green coffee extract (as <i>Coffea canephora robusta</i>) (bean)	†
Standardized for 45% chlorogenic acids	†
Garcinia extract (as <i>Garcinia cambogia</i>) (fruit rind)	†
Standardized for 60% hydroxycitric acid	†
Hibiscus (as <i>Hibiscus sabdariffa</i>) (flower)	†
Caralluma extract (as <i>Caralluma fimbriata</i>) (aerial parts)	†
Yacón (as <i>Smallanthus sonchifolius</i>) (root)	†
Autumn olive extract (as <i>Elaeagnus umbellata</i>) (fruit)	†
Coleus extract (as <i>Coleus forskohlii</i>) (root)	†
Standardized for 10% forskolin	†
Energy and Focus Blend	285mg
Caffeine anhydrous	†
Supplying 135mg of caffeine	†
Amla extract (as <i>Phyllanthus emblica</i>) (fruit)	†
Caraway extract (as <i>Carum carvi</i>) (seed)	†

†Daily Value not established.

Other Ingredients: Gelatin, Purified Water, Magnesium Stearate, Silicon Dioxide.

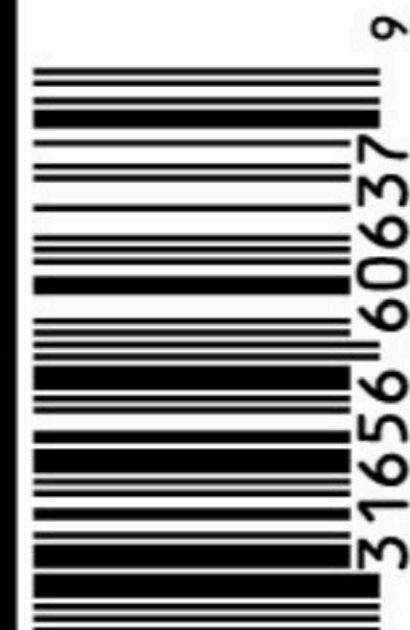
Directions: To assess your tolerance, start by taking 1 capsule once daily for the first 3 days. On days 4 and 5, take 1 capsule 30 to 60 minutes before your two largest meals. On day 6 and beyond, move to the full 2-capsule serving, twice daily before your two largest meals. Do not take within 5 hours of bedtime. Do not exceed 4 capsules in a 24-hour period. For best results, use for 60 days in combination with diet and training. Read the entire label before use and follow directions provided.

WARNING: Not intended for use by persons under 18. Do not use if pregnant or nursing. One serving of this product contains up to as much caffeine as 1.5 cups of coffee. Caffeine sensitive individuals may experience the following symptoms, including, (but not limited to), restlessness, nervousness, tremors, headache, anxiety, palpitations, increased heart rate, or difficulty sleeping. Do not combine with other sources of caffeine. Do not use for more than 8 weeks. Discontinue use two weeks prior to surgery. Do not use if you have heart, sleep or anxiety disorders. Consult a medical doctor if you have a medical condition or before starting any diet or exercise program. **KEEP OUT OF REACH OF CHILDREN.**

Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F).

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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