



*"Tranquil Day is amazing! I feel calm, alert and it works for me day and night. This delicious natural product has changed my life."*

Aviva Drescher, from Bravo's *"The Real Housewives of New York City"* is also a philanthropist, author, businesswoman, and mother of four. To help manage her stressful schedule and support a positive mood, she takes Tranquil Day daily.



Item # N8974



**Helps Fight Stress...Naturally!†**

**TRANQUIL DAY™**

**ALL DAY ANTI-STRESS FORMULA†**

**RELAXING MAGNESIUM SUPPLEMENT**  
**with CALCIUM, POTASSIUM & VITAMIN D**

- ✓ Soothes & Supports Nervous System†
- ✓ Fast Acting Day & Night†
- ✓ Promotes Restful Sleep†
- ✓ Supports Positive Mood†



**Dietary Supplement**  
**Net Wt: 12 oz. (350 g) • 50 Servings**

**Supplement Facts**

Serving Size: 1 scoop (7 g) / Servings Per Container: 50

|                                                          | Amount Per Serving | %DV  |
|----------------------------------------------------------|--------------------|------|
| Vitamin D (as vitamin D3 cholecalciferol)                | 400 IU             | 100% |
| Calcium (as calcium citrate and calcium gluconate)       | 250 mg             | 25%  |
| Magnesium (as magnesium citrate and magnesium ascorbate) | 600 mg             | 150% |
| Potassium (as potassium citrate)                         | 198 mg             | 5%   |

‡Daily value (DV) not established.

**Other ingredients:** Citric acid, silicon dioxide, natural lemon flavor, and acesulfame potassium.

G0273002

**Directions:** Add one scoop or two rounded teaspoons to 8 fl. oz. of hot or cold water once or twice daily as a dietary supplement.

- Keep out of reach of children.
- Do not use if seal is broken.
- Protect from heat, light and moisture.

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†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.