

Luxurious Chocolate Flavor

Supports your Weight Loss Goals,¹
No Need to Sacrifice Nutrition. Enjoy the Taste!

Nature's Lab Fit Complete is a New Kind of Meal Replacement Shake

Fit Complete Meal replacement shake offers all the nutrients of a healthy meal in a delicious shake.¹ Easy to make. Tastes great.

Managing your
weight loss is easy!¹

Fit Complete Meal Replacement Shake is packed with 22 Vitamins & Minerals, 20 grams of protein and has a special blend of ModCarb™ Protein blend.

- Great Taste (Luxurious Chocolate Flavor)
- 20 grams of Protein per Serving
- 22 Essential Vitamins and Minerals to replenish and recharge¹
- No Artificial Colors
- No Artificial Flavors
- Non GMO

Warning: Pregnant or lactating women and people with known medical conditions and / or taking drugs should consult with a qualified healthcare practitioner prior to taking dietary supplements.

¹This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



Nature's Lab
#1 Natural & Science Based Formulas

Fit Complete™ Meal Replacement Shake

- Tastes Great
- 20g Protein
- 22 Vitamins & Minerals
- Includes Sprouts Blend with Chia and Quinoa



Net Wt 1 lb. 9.2 oz (714 g)
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Scoop (36g)
Servings Per Container: Approx. 20

	Amount Per Serving	% DV ¹
Calories	120	
Calories from Fat	20	
Total Fat	2.5g	4%
Saturated Fat	1.5g	8%
Cholesterol	45mg	15%
Total Carbohydrate	7g	2%
Dietary Fiber	3g	12%
Sugar	2g	
Protein	21g	
Vitamin A (as beta carotene)	2500 IU	50%
Vitamin C (as ascorbic acid)	180 mg	300%
Vitamin D (as D3 cholecalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	15 IU	50%
Vitamin K (as K1 phytonadiene)	40 mcg	50%
Thiamin (as thiamin HCl)	1.5 mg	100%
Riboflavin	1.3 mg	78%
Niacin (as niacinamide)	5 mg	25%
Vitamin B6 (as pyridoxine HCl)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B12 (as methylcobalamin)	50 mcg	833%
Biotin	90 mcg	30%
Vitamin B5 (as d-Calcium Pantothenate)	5 mg	50%
Calcium	80 mg	11%
Iron (as ferrous glycinate chelate)	2 mg	11%
Phosphorus	75 mg	13%
Iodine (from kelp)	300 mcg	200%
Magnesium (as magnesium oxide)	180 mg	25%
Manganese (as amino acid chelate)	2 mg	100%
Molybdenum (as amino acid chelate)	30 mcg	40%
Sodium	255 mg	9%
Potassium	280 mg	8%
ModCarb™ (oat, amaranth, buckwheat, chia, millet, quinoa)	500 mg	**
Mycobiotic 5 Mushrooms Blend	40mg	**

¹Percent Daily Values are based on a 2,000 calorie diet
²Daily Value not established

Suggested Use: Mix one scoop of Fit Complete Meal Replacement Shake in 8-10 oz of ice-cold water, milk, or non-dairy beverage, shake well and enjoy.

Fit Complete is a delicious nutrient-supplementing addition to your favorite smoothie recipe. Just blend and enjoy. Take one or more servings daily for optimal health.

For delicious smoothie ideas, visit www.natureslab.com

Other Ingredients: Fit Complete Protein Blend (whey protein concentrate, pea protein isolate, rice protein concentrate), soluble corn fiber, natural flavor, Krystar® crystalline fructose, xanthan gum, guar gum, silicon dioxide, sucralose, and acesulfame potassium.

Contains: Milk, Soy

Free of: Eggs, Peanuts, Tree Nuts, Shellfish, Yeast, Preservatives, Titanium Dioxide, Artificial Colors and Flavors.

Do not use if seal is broken. Keep out of reach of children. Store in a cool, dry place.

ModCarb™ is a trademark of VDF FutureCeuticals, Inc.

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