

Calcium is the primary mineral responsible for strong bones and may reduce the risk of osteoporosis. Vitamin D assists in Calcium absorption and also promotes immune system health, breast health and colon health.***

No Artificial Color or Sweetener, No Gluten, No Wheat, No Fish.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

****Regular exercise and a healthy diet with enough calcium helps maintain good bone health and may reduce the risk of osteoporosis later in life.**

 Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Healthy you
Healthy earth

Prod. No. 6370 B6370 09E

NATURE'S BOUNTY®

CHEWABLE
Calcium
Plus Vitamin D

**Promotes
Bone Health***

**May Reduce the Risk
of Osteoporosis****

100 chewable wafers MINERAL SUPPLEMENT

DIRECTIONS: For adults, take four (4) wafers one to two times daily, preferably with meals. Wafers may be chewed.

Supplement Facts

Serving Size 4 Wafers
Servings Per Container 25

Amount Per Serving	%Daily Value	
Total Carbohydrate	<1 g	<1%***
Sugars	<1 g	****
Vitamin D (as Ergocalciferol)	400 IU	100%
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	560 mg	56%
Phosphorus (as Dicalcium Phosphate)	100 mg	10%
Buckwheat (<i>Fagopyrum esculentum</i>) (seed)	10.4 mg	****
Corn Bran (<i>Zea mays</i>) (seed)	10.4 mg	****

***Percent Daily Values are based on a 2,000 calorie diet.

****Daily Value not established.

Other Ingredients: Sucrose, Dextrose, Vegetable Cellulose, Acacia Gum, Natural and Artificial Flavors, Silica, Vegetable Magnesium Stearate, Hydrogenated Cottonseed Oil, Sodium Chloride.

Contains milk and tree nut (coconut) ingredients.

Carefully Manufactured by
NATURE'S BOUNTY, INC.
Bohemia, NY 11716 U.S.A.
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