

Vitamin C plays an important role in supporting immune function.* As an antioxidant, Vitamin C helps neutralize harmful free radicals in cells.*

No Preservatives, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

 Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon.- Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 5000 B5000 10E

NATURE'S BOUNTY®

CHEWABLE
C-500_{mg}
Natural Vitamin C

Promotes
Immune System
Health*



60 chewable wafers

VITAMIN SUPPLEMENT

DIRECTIONS: For adults, take one (1) chewable wafer daily, or as needed. Chewable Vitamin C wafers have a fruity flavor and may be chewed or dissolved slowly in the mouth.

Supplement Facts

Serving Size 1 Wafer

Amount Per Serving	%Daily Value	
Calories	10	
Total Carbohydrate	3 g	1%**
Sugars	2 g	***
Vitamin C	500 mg	833%
Acerola	5 mg	***
Citrus Bioflavonoids (<i>Citrus sinensis</i>) (fruit)	2 mg	***
Buckwheat (<i>Fagopyrum esculentum</i>) (seed)	19 mg	***
Rutin	2 mg	***
Hesperidin Complex (as <i>Citrus</i> spp.) (fruit)	2 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Sucrose, Ascorbic Acid, Corn Syrup, Silica, Sorbitol, Vegetable Magnesium Stearate, Raspberry Flavor, Vegetable Glycerin, Raspberry Puree, Rose Hips, Natural Caramel Color, Black Currant Powder, Green Pepper Extract.

Suitable for Vegetarians

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
Bohemia, NY 11716 U.S.A. © 2010 Nature's Bounty, Inc.

