

Introducing Almased

Almased is a natural product made from high-quality non-GMO soy, probiotic yogurt and enzyme-rich honey.

To replace an entire meal, mix one bag of Almased in 10 to 12 oz of water and add 1-2 tsp of oil high in essential fatty acids (e.g. olive, flaxseed or walnut oil). It is important to follow these mixing instructions as Almased is not a complete food item by itself.

You can also mix Almased in low fat milk or unsweetened almond or soy milk. For a variety of flavors, try adding cinnamon, ground flaxseeds, vanilla extract or unsweetened cocoa powder.

Ingredients: Soy Protein Isolate, Honey, Skim Milk Yogurt Powder, Potassium Chloride, Magnesium Carbonate, Calcium Citrate, Vitamin C, Niacin, Color Additive: Riboflavin (Vitamin B2), Vitamin E, Zinc Oxide, Ferrous Fumarate, Manganese Sulfate, Calcium Pantothenate, Vitamin B2, Vitamin B6, Vitamin B1, Vitamin A, Folic Acid, Potassium Iodide, Sodium Selenite, Biotin, Vitamin D3, Vitamin B12

Supplement Facts

Serving Size: 8 tablespoons (50g)

Servings per container: 10

Amount per Serving	% Daily Value*
Calories 100	
Calories from Fat 0	
Total Fat 1.0g*	1.8%
Saturated Fat 0.5g*	2.5%
Trans Fat 0g	--
Polyunsaturated Fat 0.1g	--
Monounsaturated Fat 0.4g	--
Cholesterol 0mg	0%
Sodium 340mg	15%
Potassium 500mg	14%
Total Carbohydrates 15g*	6%
Dietary Fiber 0.5g*	2%
Sugars 15g	--
Protein 27g*	54%
Vitamin A 794 IU	16%
Vitamin C 16mg	27%
Vitamin E 6 IU	20%
Thiamin (Vitamin B1) .5mg	33%
Riboflavin (Vitamin B2) .6mg	35%
Vitamin B6 .7mg	35%
Calcium 215mg	22%
Iron 4.9mg	27%

* Percent Daily Values are based on a 2,000 calorie diet.

-- Daily Value not established.

The unique Almased Phenomenon

Slim down with Almased! It activates the metabolism, promotes fitness and well-being and helps to maintain a healthy blood sugar level, which supports weight loss.

The unique manufacturing process guarantees ideal fermentation of special raw ingredients which are exclusively produced for Almased. Almased contains no artificial fillers, flavors, added sugars, preservatives or stimulants. Almased has a high biological value and bioavailability. The success of the unique Almased formula has been confirmed in over 15 years of clinical research. Almased is more than a diet, it's a way of life.

Essential and Potentially Essential Amino Acid Content of Protein Ingredients

Amino Acid	Per Serving 50g
L Tyrosine	950mg
L Methionine	500mg
L Cysteine	340mg
L Lysine	1550mg
L Threonine	950mg
L Tryptophan	600mg
L Leucine	2300mg
L Isoleucine	1400mg
L Valine	1400mg
L Histidine	600mg
L Arginine	1800mg
L Phenylalanine	1300mg

This product contains only naturally occurring essential branched-chain amino acids, digestive enzymes and probiotics.

To use as a meal replacement as part of a weight reduction diet.

Helps to maintain a healthy blood sugar level, which supports weight loss.

Low glycemic index of 27 and extremely low glycemic load of 4.

10 Single Servings
for On-The-Go

Almased®

Speeds Up and Improves Your Metabolism



How to take Almased

If you want to lose weight, you will replace one or more meals daily with an Almased shake (you can find more details on the insert inside the box).

Almased only works as intended when combined with a calorie-reduced diet. Other food items have to be part of the diet plan. It is important to consume plenty of fluids throughout the day. Almased is a great addition to a balanced diet and a healthy lifestyle.

If you want to use Almased in addition to your daily diet (without replacing an entire meal), this is how you do it:

Taking 2 to 5 Tbsp of Almased throughout the day (with some liquids, yogurt, cereal, etc.) contributes to your daily required protein intake (0.8 g/kg body weight based on the dietary protein requirements). Athletes who work out intensely can take up to 100 g (= 2 servings) of Almased in addition to their daily diet.

Important note:

If you are (or might be) allergic to one of the ingredients or would like to take Almased on a long-term basis, please consult your physician or health care professional or call toll-free at 1-877-ALMASED (1-877-256-2733).

Contains: 17.6 oz (500 g)
(10 x 50 g)

Best by: See bottom.

Store in a cool and dry place.



Manufactured in Germany by Almased Wellness Corporation. Imported and distributed in the U.S. by Almased USA, Inc., St. Petersburg, FL 33711.

Call toll-free: 1-877-256-2733
www.almased.com



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.