Discritions: Add 1 scoop of FitMiss Delight to 8-12 oz. of cold water or beverage (milk, almond milk, rice milk, juice, etc.) and ice in a blender. Blend until creamy for a frosty smoothie. For more smoothie recipes, go to **FITMISS.COM**.

Supplement Facts
Serving Size: 1 Scoop (24.7g)

Servings Fer Container, 36		
	Amount Per Serving	% DV *
Calories	90	
Calories from Fat	15	
Total fat	1.5 g	2%
Saturated Fat	0.5 g	3%
Cholesterol	50 mg	17%
Sodium	95 mg	4%
Total Carbohydrate	4 g	1%
Dietary Fiber	1 g	4%
Sugars	1 g	
Protein	16 g	32%
Vitamin B12 (as Methylcobalamin)	50 mcg	833%
Calcium	148 mg	15%
Iron	480 mcg	3%
Magnesium	12 mg	3%
Potassium	125 mg	4%
Proprietary Greens & Fruit Blend	1500 mg	†

Proprietary Greens & Fruit Blend 1500 mg
Flax Seed, Apple Extract, Artichole Leaf Extract, Barley Grass,
Black Berry Fruit, Blood Crange, Broccoli, Cherry Extract,
Citrus Flavonoids, Cranberry Extract, Lemon Bioflavonoids,
Mango Seed Extract, Pomegranate Rind Extract, Red Currants,
Spinach, Strawbern, Watermelon.

Digestions Enzyme BlendBack Panel
Protease, Lactase

*Berner Daily Values are based on a 2000 calvois diet

NIGREDIENTS Firmis Probin Blend (Whey Probin Concertans, Solation Problem Forest Protein Figure 3, Advantin, Moderal Censien, Whey Probin blooks, Whey Probin Hydrolysald, Flax Seed, Natural & Artificial Flavors, Iruin, Calcium Slicate, Controlymen Problems, Culciumine, Said, Scientiole, Problems, Acesaliumine, Carbonne, Said, Scientifice, Problems, Acesaliumine, Carbon, Artificial Leaf Estimat. Battley Grass Prouder, Blackberry Fault Provider, Blood Carrage Provider, Blood Carrage

ALLERGEN WARNING: This product contains milk, soy, and egg. This product was produced in a facility that may also process ingredients containing milk, egg soybeans, shellfish, fish, 'ree nuts, wheat and peanuts.

WARNING: This product is only intended for use by healthy adults over 18 years of age. Consult your physician before using this product if you are taking any prescription or over the counter medications or supplements. Do not use this product if you are pregnant, expect to become pregnant or are nursing.

These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.



Exclusively Developed & Manufactured For: MusclePharm® Corp. 4721 Ironton St. Bldg. A Denver, CO 80239 USA Made in a cGMP certified facility

EAT LESS. FEEL FULLER. LOSE WEIGHT

FitMiss Delight*, a nutritional protein shake for WOMEN, satisfies hunger while providing a full day's essential nutrients, protein and quality calories. The protein mix contains whey isolate protein along with Solathin*— a vegetable-based protein that helps you feel full faster*. These ingredients provide nutritional support for lean muscle tissue, fat loss and increasing energy.*

A HEALTHY SHAKE THE WAY NATURE INTENDED

- Delicious, Nutritious, Satisfying, and Gluten Free!*
- High in Protein, quality calorie mix that helps you lose weight.*
- Includes the newest weight-loss innovation Solathin® that helps with making you feel full faster.*
- Includes essential vitamins & minerals to keep you healthy and energized.*
- The Healthiest Meal Of the Day.*

MANAGING YOUR WEIGHT LOSS IS EASY!

- · Eat a healthy snack between meals.*
- Enjoy a healthy, balanced dinner with up to 5 ounces of protein (fish, poultry, or tofu).*
- Don't eat at least 3 hours before bedtime.*
- Drink at least 8 glasses of water a day to maintain metabolism and flush toxins.*
- Stay active with the FitMiss fitness program that's right for you*

* When used in conjunction with a balanced nutrition and exercise program.











HIGH PROTEIN & LOW CALORIE
USE AS A MEAL OR HEALTHY SNACK
CURB YOUR HUNGER FOR HOURS
GLUTEN FREE & LOW CARB

DIETARY SUPPLEMENT NET WEIGHT 907 G (2 LBS)





