

### Directions:

As a dietary supplement, mix 1 scoop of FitMiss Ignite™ in 14-16 oz of water, 20-30 minutes before exercise. For best results, drink a minimum of 1 gallon of water daily.

# Supplement Facts

Serving Size: 1 Scoop (7g) Servings Per Container: 30

	Amount Per Serving	% DV*
Calories	0	
Calories from fat	0	
Total Carbohydrates	1 g	<1%
Sugars	0 g	
Calcium (as Calcium Silicate)	31 mg	3%
Sodium	15 mg	1%

Proprietary FitMiss Ignite Blend

Carnosyn® Patented Beta Alanine, Choline Bitartrate, L-Tyrosine, L-Glycine, Taurine, L-Carnitine Base, Beet Root Extract (Beta Vulgaris)(High in Nitrates), Hawthorn Berry Powder (Crataegus Pinnatifida)(Fruit),

Agmatine Sulfate, Caffeine Anhydrous, Huperzine A 1% (Huperzia Serrata)

\* Percent Daily Values (% DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established. OTHER INGREDIENTS: Malic Acid, Natural & Artificial Flavors, Silicon Dioxide, Sucralose, Acesulfame

Potassium, Natural Blue Color (Fruit Juice Concentrate, Citric Acid, Tricalcium Phospahte), Salt

ALLERGEN WARNING: This product was produced in a facility that may also process ingredients containing milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, and soybeans.

STORAGE CONDITIONS: Store in a cool dry place. WARNING: Not intended for use by persons under age 18. Do not exceed recommended dose. Contains caffeine. Do not consume caffeine from other sources, including but not limited to, coffee. tea, soda and other dietary supplements or medications containing caffeine. Do not use for more than 8 weeks. Consult with your physician prior to use if you are pregnant or nursing, or if you are taking medication, including but not limited to MAO inhibitors, antidepressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe

headache or shortness of breath. KEEP OUT OF REACH OF CHILDREN. PREPARE, FOCUS, ENERGIZE!

Pre-workout energy drinks deliver a motivational boost. But most are designed for men. Designed for women. FitMiss Ignite™ supports converting fat into energy, improving endurance and promoting healthy body composition. It contains beta-alanine, natural amino acids like glycine and taurine backed up by the fat-burning power of L-carnitine.

This is FitMiss Ignite™.

## **IGNITE DEFINITION!**

Designed to support converting fat into energy, improving endurance. & promoting healthy body composition!

- L-CARNITINE:
- · Boost your body's ability to burn fat\*
- · Fat Metabolizer & Energizer\*
- · May Delay Muscle Fatique\*

- BETA-ALANINE: · Clinically proven university study shows that beta-alanine may delay the onset of neuromuscular fatigue during sub-maximal cycling and may increase time to exhaustion in women.\*
- Improves your workout & helps build a lean physique.\*
- FitMiss Ignite uses patented CarnoSyn® beta-alanine for best-in-category quality and superior results.\*



CarnoSyn
Carnosine Synthiesizer

Licensed under one or more of U.S. Pat. Nos. 5,965,596,6,426,361,
7,504,376 and 8,067,381, each of which is owned by
Natural Altematives International, Inc. (NAI). NAI is also
the owner of the registered trademark CarnoSyn\*.

These statements have not been evaluated by the Food and
 Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



