# PERI-WORKOUT NUTRITION: STRATEGICALLY PROVIDING CERTAIN NUTRIENTS AROUND TRAINING TO OPTIMIZE PERFORMANCE & RECOVERY.†

INTRA-MD PROVIDES THE OPTIMAL AMINO ACID PROFILE AND HIGHEST QUALITY CARBOHYDRATES TO SUPPORT INCREASED RECOVERY, DECREASED FATIGUE, AND THE PROMOTION OF A DRAMATIC REDUCTION IN SORENESS FROM TRAINING. PERFORM AT NEW LEVELS WITH PLATINUM SERIES INTRA-MD.†

#### PLATINUM SERIES INTRA-MD BENEFITS

INCREASE PERFORMANCE, MUSCULAR ENDURANCE, MUSCLE FULLNESS, PERI-WORKOUT NUTRITION†

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WARNING: This product is intended to be consumed by healthy adults 18 years of age or older. This product should only be used under medical or dietetic supervision. This product is not intended as a sole source of nutrition and should be consumed in conjunction with an appropriate physical training or exercise program. This product is not suitable for children under 18 years of age or pregnant or nursing women. KEEP OUT OF REACH OF CHILDREN.

KEEP OUT OF REACH OF CHILDREN. STORE AT 59-86°F (15-30°C). PROTECT FROM LIGHT AND MOISTURE. PRODUCT DOES NOT COMPLETELY FILL CONTAINER SETTLING OCCURS IN SHIPPING

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# INTRA-MD

**MOUNTAIN DOG** 

ULTRA PREMIUM PERI-WORKOUT FORMULA

- NATURALLY SWEETENED BY STEVIA -



NET WT 1.44 KG 50.8 0Z(3LB 2.8 0Z)

DIETARY SUPPLEMENT

## PLATINUM SERIES INTRA-MD USAGE

For Men: Mix 2 scoops of INTRA-MD in 750 ML of water. Start consuming 5 min prior to training and drink continuously throughout the duration of your workout. Complete INTRA-MD By the end of your workout. For Wamen: Mix 1 scoop of INTRA-MD in 500 ML of Water. Start Consuming 5 min prior to training and drink continuously throughout the duration of your workout. Complete INTRA-MD by the end of your workout.

# Supplement Facts

Serving Size: 1 Scoop (48g) Servings Per Container: About 30

Amount Per Serving		%DV
Calories	120	
Total Carbohydrate	306	1196
Magnesium	20MG	5%
Sodium	350MG	15%*
Highly Branched Cyclic Dextrin (Cluster Dextrine)	30G	•••
L-Leucine	2.5G	**
L-Glycine .	2G	**
Taurine	2G	**
Citruline Malete	2G	**
L-Valine	1.5G	***
L-Glutamine	16	**
Lisoleucine	1G	**
L-Methionine	1G	**
OL-Phenylalanine	500MG	**
L-Threonine	500MG	**
L-Lysine	500MG	**
L-Tryptophan	100MG	**

<sup>\*</sup>Percent Daily Values based on a 2,000 calorie diet.

Other Ingredients: Meltodextrin, Dextrose, Natural Flavors, Citric Acid, Silicon Dioxide, Stavia.





#### MADE IN THE USA

### MANUFACTURED FOR & DISTRIBUTED BY

Prime Nutrition LLC. 21318 St. Andrews Blvd. Suite #230 Boca Raton, Fl USA 33434 www.PrimeNutrition.com

<sup>\*\*</sup>Percent Daily Values not established.