

Directions: Add 1 scoop of FitMiss Delight® to 8-12 oz. of cold water or beverage (milk, almond milk, rice milk, juice, etc.) and ice in a blender. Blend until creamy for a frosty smoothie. For more smoothie recipes, go to FITMISS.COM.

Supplement Facts		
Serving Size: 1 Scoop (24.7g)		
Servings Per Container: 36		
	Amount Per Serving	% DV**
Calories	90	
Calories from Fat	15	
Total fat	1.5 g	2%
Saturated Fat	0.5 g	3%
Cholesterol	50 mg	17%
Sodium	90 mg	4%
Total Carbohydrate	3 g	1%
Dietary Fiber	1 g	4%
Sugars	1 g	
Protein	16 g	32%
Vitamin B12 (as Methylcobalamin)	50 mcg	833%
Calcium	78 mg	8%
Iron	280 mcg	2%
Magnesium	12 mg	3%
Potassium	122 mg	3%
Proprietary Greens & Fruit Blend	1500 mg	†
Flax Seed, Apple Extract, Artichoke Leaf Extract, Barley Grass, Black Berry Fruit, Blood Orange, Broccoli, Cherry Extract, Citrus Flavonoids, Cranberry Extract, Lemon Bioflavonoids, Mango Seed Extract, Pomegranate Rind Extract, Red Currants, Spinach, Strawberry, Watermelon.		
Digestive Enzyme Blend	60 mg	†
Protease, Lactase		

* Percent Daily Values are based on a 2000 calorie diet
† Daily value not established.

INGREDIENTS: FitMiss® Protein Blend (Whey Protein Concentrate, SolaThin® Potato Protein, Egg Albumin, Micellar Casein, Whey Protein Isolate, Whey Protein Hydrolysate), Flax Seed, Inulin, Carboxymethylcellulose, Natural & Artificial Flavors, Calcium Silicate, L-Glutamine, Salt, Protease, Acesulfame Potassium, Sucralose, Lactase, Potassium Citrate, L-Leucine, L-Isoleucine, L-Valine, Apple Extract, Artichoke Leaf Extract, Barley Grass Powder, Black Berry Fruit Powder, Blood Orange Powder, Broccoli Powder, Cherry Extract, Citrus Flavonoids, Cranberry Extract, Lemon Bioflavonoids, Mango Seed Extract, Pomegranate Rind Extract, Red Currant Powder, Spinach Powder, Strawberry Powder, Watermelon Powder. **ALLERGEN WARNING:** Contains milk, soy, and egg. This product was produced in a facility that may also process ingredients containing milk, egg, soybeans, shellfish, fish, tree nuts, wheat and peanuts.

WARNING: This product is only intended for use by healthy adults over 18 years of age. Consult your physician before using this product if you are taking any prescription or over the counter medications or supplements. Do not use this product if you are pregnant, expect to become pregnant or are nursing.

KEEP OUT OF REACH OF CHILDREN.

* These statements have not been evaluated by the Food and Drug Administration.
† This product is not intended to diagnose, treat, cure, or prevent any disease.



UPC: 60909-60909-6



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FITMISS.COM

Exclusively Developed & Manufactured For:
MusclePharm® Corp.
4721 Norton St. Bldg. A
Denver, CO 80202 USA
Made in a cGMP certified facility
Packaged in USA

EAT LESS. FEEL FULLER. LOSE WEIGHT.

Finally. A nutrition shake for WOMEN that satisfies hunger while providing real results. FitMiss Delight® utilizes the vegetable-based protein weight-loss sensation SolaThin®, which helps you feel full faster*. Along with this fast-acting protein, FitMiss Delight® also delivers a full day's essential nutrients with quality calories. The unique blend of fruits and vegetables delivers optimal levels of digestive enzymes, vitamins and minerals. The gluten-free balance of carbohydrates, fats, and high-quality proteins provide sustained energy and appetite satisfaction. FitMiss Delight® is the complete choice, real natural goodness. Drink it every day—you'll feel more satisfied and lose weight! This combination of healthy ingredients works together, synergistically, to provide nutritional support for lean muscle tissue, fat loss and increased energy.*

VEGETABLE-BASED HIGH PROTEIN BLEND*

- Includes new weight-loss innovation, SolaThin®, that helps with making you feel full faster.*
- Delicious, nutritious, satisfying and gluten-free!*
- High protein, quality calorie mix that helps you lose weight.*
- Includes essential vitamins & minerals to keep you healthy and energized.*
- The healthiest meal of the day.*

MANAGING YOUR WEIGHT LOSS IS EASY!

- Eat a healthy snack between meals.*
- Enjoy a healthy, balanced dinner with up to 5 ounces of protein (fish, poultry, or tofu).*
- Don't eat at least 3 hours before bedtime.*
- Drink at least 8 glasses of water a day to maintain metabolism and flush toxins.*
- Stay active with the FitMiss fitness program that's right for you, available at FitMiss.com*

* When used in conjunction with a balanced nutrition and exercise program.

CLINICALLY TESTED INGREDIENTS



16G
PROTEIN

90
CALORIES

GLUTEN
FREE

FITMISS DELIGHT® WOMEN'S COMPLETE PROTEIN SHAKE

- HIGH PROTEIN & LOW CALORIE*
- VEGETABLE-BASED PROTEIN SOLATHIN®*
- CURB YOUR HUNGER FOR HOURS*
- GLUTEN FREE & LOW CARB*

DIETARY SUPPLEMENT
NET WEIGHT 907 G (2 LBS)



Vanilla Chai
NATURAL & ARTIFICIAL FLAVORS



STRONG IS THE NEW SEXY!