Directions: Add 1 scoop of FitMiss Delight® to 8-12 oz. of cold water or beverage (milk, almond milk, rice milk, juice, etc.) and ice in a blender. Blend until creamy for a frosty smoothie. For more smoothie recipes, go to FITMISS.COM.

	Amount Per Serving	% DV *
Calories	90	
Calories from Fat	10	
Total fat	1.5 g	2%
Saturated Fat	0.5 g	3%
Cholesterol	50 mg	1796
Sodium	100 mg	4%
Total Carbohydrate	4 g	196
Dietary Fiber	1 g	4%
Sugars	1 g	
Protein	16 g	32%
Vitamin B3	330 mcg	2%
Vitamin B12	50 mcg	833%
Calcium	128 mg	13%
Iron	1 mg	6%
Magnesium	19 mg	5%
Potassium	170 mg	5%
Proprietary Greens & Fruit Blend	502 mg	- 17

Citrus Flavonoids, Cranberry Extract, Lemon Bioflavonoids. Mango Seed Extract, Pomegranate Rind Extract, Red Currants, Spinach, Strawberry, Watermelon, Digestive Enzyme Blend

Protease, Lactase \* Percent Daily Values are based on a 2000 calorie diet t Daily value not established

TS: FitMiss® Protein Bland (Whey Protein Concentrate, SolaThin) Potato Protein, Egg Albumin, Micellar Casein, Whey Protein Isolate, Whey Protein Hydrolysate], Cocoa Powder, Natural & Artificial Flavors, Inulin, Flax Seed. Carboxymethylcellulose, Calcium Silicate, L-Glutamine, Salt, Protease, Sucralose, tassium, Lactase, Potassium Citrate, L-Leucine, L-Isoleucine, L-Valine, Apple Extract, Artichoke Leaf Extract, Barley Grass Powder, Blackberry Fruit Powder, Blood Orange Powder, Broccoli Powder, Cherry Extract, Citrus Flavonoids, Cranberry Extract, Lemon Bioffavonoids, Mango Seed Extract, Pomegranate Rind Extract, Red Currant Powder, Spinach Powder, Strawberry Powder, Watermelon Powder,

LERGEN WARNING: Contains milk, soy, and egg. This product was produced in a facility that may also process ingredients containing milk, egg, soybeans, shellfish, fish, tree nuts, wheat and peanuts.

WARNING: This product is only intended for use by healthy adults over 18 years of age. Consult your physician before using this product if you are taking any prescription or over the counter medications or supplements. Do not use this product if you are pregnant, expect to become pregnant or are nursing.

These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.



## FEEL FULLER. LOSE WEIGHT.

Finally. A nutrition shake for WOMEN that satisfies hunger while providing real results. FitMiss Delight® utilizes the vegetable-based protein weight-loss sensation SolaThin®. which helps you feel full faster\*. Along with this fast-acting protein, FitMiss Delight® also delivers a full day's essential nutrients with quality calories. The unique blend of fruits and vegetables delivers optimal levels of digestive enzymes, vitamins and minerals. The gluten-free balance of carbohydrates, fats, and high-quality proteins provide sustained energy and appetite satisfaction. FitMiss Delight® is the complete choice, real natural goodness. Drink it every day-you'll feel more satisfied and lose weight! This combination of healthy ingredients works together, synergistically, to provide nutritional support for lean muscle tissue, fat loss and increased energy.\*

## VEGETABLE-BASED **HIGH PROTEIN BLEND\***

- · Includes new weight-loss innovation, SolaThin®. that helps with making you feel full faster.\* · Delicious, nutritious, satisfying and gluten-free!\*
- · High protein, quality calorie mix that helps
- vou lose weight.\* Includes essential vitamins & minerals to keep
- you healthy and energized.\* . The healthiest meal of the day.

## MANAGING YOUR WEIGHT LOSS IS EASY!

- Eat a healthy snack between meals.\*
- · Enjoy a healthy, balanced dinner with up to 5 ounces of protein (fish, poultry, or tofu).\*
- · Don't eat at least 3 hours before bedtime.\*
- · Drink at least 8 glasses of water a day to maintain metabolism and flush toxins.\*
- · Stay active with the FitMiss fitness program that's right for you, available at FitMiss.com\*

\* When used in conjunction with a balanced nutrition and exercise program.













\*HIGH PROTEIN & LOW CALORIE\*
\*VEGETABLE-BAJED PROTEIN JOLATHIN\*\*
\*CURB YOUR HUNGER FOR HOURJ •GLUTEN FREE & LOW CARB

> DIETARY SUPPLEMENT NET WEIGHT 907 G (2 LBS)





