

Supplement Facts We know that you are performance driven, whether that be to improve lean body mass with your goals in mind via Pre. Intra and Post training support / Amount Per Service Dymatize M+P+S is designed to accelerate your fitness gains by both triggering muscle protein synthesis (anabolism) and minimizing muscle protein breakdown in response to Total Carbohydrate training (catabolism) for faster recovery. One scoop post workout is all you need. Protein 7g of instantly soluble BCAAs (2:1:1 ratio) which provides Calcium enough L-Leucine to trigger muscle protein synthesis for faster muscle rebuild, recovery and growth?

DIRECTIONS: As a dietary supplement, take 1 scoop (provided) as

Contains Mik and Sou

Chain-Sol* 2:1:1 H-O-Soluble BCAAs Whey Protein Isolate (pH Targeted)

and Artificial Flavors, Tartaric Acid, Apple and Hibisous Powde



. Added HICA & KIC (Leucine metabolites) further

muscle protein breakdown caused by strenuous training 2.4g of whey protein isolate supports muscle protein synthesis* Great tasting and refreshing, M*P*S is the perfect muscle builder to take after your workouts."



