

DYMATIZE
NUTRITION

Whey & Casein Blend

ELITE
Gourmet

The Most Delicious Protein
DIETARY SUPPLEMENT

Award Winning Taste
Instant Mixability

MILK CHOCOLATE

NATURALLY & ARTIFICIALLY FLAVORED

NET WT. 2 LBS (908g)



Dymatize's delicious and exclusive ELITE formula provides the perfect ratio of Essential and Non-Essential Amino Acids in their most easily assimilated form.

ELITE GOURMET PROTEIN is so delicious it tastes like Gourmet Chocolate Ice Cream!

ELITE Gourmet is the **perfect blend of Ion-Exchange Whey Protein Concentrates, Whey Protein Isolates, and Whey Peptides, combined with Milk Protein rich in natural micellar caseins & caseinates plus added calcium caseinates.** By combining these extraordinary and top quality protein sources Elite Gourmet satisfies your tastebuds & your protein diet needs in one delicious shake.

ELITE GOURMET PROTEIN contains high levels of Glutamine and Glutamine Peptides as well as

substantial amounts of Essential and Non-Essential Amino acids, including the Branch Chain Amino Acids.

Each serving of Elite Gourmet is derived from only the finest protein sources. Sources with BOTH ultra high PER (Protein Efficiency Ratios) and the most modern protein scale, the PDCAAS (Protein Digestibility Corrected Amino Acid Score). On the PDCAAS Scale, the protein sources used in Elite Gourmet all score at least a 1.0 – a perfect score.

With Elite Gourmet, you can have it all. You get the finest protein sources combined with the best flavor.*

DIRECTIONS: Add 1 level scoop to 5-6 ounces of water, milk, or juice. Stir, shake, or blend for 20 seconds, or until completely dispersed, then drink immediately.

F) Mode d'emploi : ajouter une cuillerée à ras à 160 – 200 ml d'eau, de jus ou de lait. Tourner pendant 20 secondes ou jusqu'à ce que le produit soit complètement dispersé. La protéine de lactosérum Dymatize Elite assure un rapport parfait d'acides aminés essentiels et non essentiels sous leur forme la plus facilement assimilable. Les deux sources de vanille n'ont pas écumées et peut être mélangée dans pratiquement n'importe quel liquide pour produire une délicieuse boisson frappée à haute teneur en protéines.

S) Instrucciones: Añadir un cucharón a ras a 5-6 onzas de agua, jugo, o leche. Revolver, agitar, o mezclar durante 20 segundos, o hasta que se haya diseminado completamente; después beber inmediatamente. Proteína de Suero Elite Dymatize provee la proporción perfecta de amino-ácidos esenciales y no esenciales en la forma de asimilación más fácil. El sabor increíble de vainilla dulce no es dominante y puede mezclarse con cualquier cosa para producir un batido de alta proteína deliciosa.

NL) Het voedingsupplement ELITE is een instant eiwitconcentraat dat uit 100% wei-eiwit bestaat. Een evenwichtige voeding bevat voldoende eiwitten. Koel en droog bewaren. Na opening goed sluiten. Tenminste twintig tot 25 jaar. Buiten bereik van kinderen houden. Geproduceerd in de USA. Importeur: Dymatize - Nederland - Nederland. Dosering: Als aanvulling op uw dagelijkse voeding neem je 1 tot 4 doseringen (32-64g). Meng 32-64 gram met 180-200ml water of magere melk. Dymatize Elite Whey Protein is een uitgebalanceerde eiwit formule met een optimaal aminozuur patroon en een hoge concentratie BCAA's. Elite Whey Protein zorgt voor een sneller herstel en een optimale spieropbouw. De lage glycemische index maakt het geschikt voor de kane op een stijging van de bloedsuikerspiegel, terwijl de natuurlijke productie van insuline en glucagon wordt gestimuleert.

D) Dosierung: Mixen sie 32-64 ml mit 180-200ml wasser oder fettarme milch. 1 bis 4 mal am tag. Dymatize Elite Whey Protein ist aus speziel Molkenprotein hergestellt und enthält in extrem hohen mengen BCAA's. Mit diesem Spitzenprotein maximieren Sie Ihren Aminosäurenspiegel im Körper, fördern einen regelmäßigen anhaltenden Anabolismus und verhindern den Katabolismus zur maximale fettfreie Muskelmasse.

6) Modalità d'uso: aggiungere un misurino (32.4g) in 180-200 ml. di acqua o latte totalmente scemato. Agitare o mescolare per circa 20 secondi sino a quando il prodotto si è ben sciolto, poi berlo immediatamente. La Elite Whey Protein assicura un perfetto bilanciamento di aminoacidi essenziali e non-essenziali nella loro formula più facilmente assimilabile. Elite Whey prodotto per la UE non contiene enzimi digestivi.

TYPICAL AMINO ACID PROFILE PER 100 GRAMS OF PROTEIN

Essential Amino Acids

Isoleucine (BCAA)	6,517 mg
Leucine (BCAA)	10,127 mg
Lysine	9,898 mg
Methionine	3,102 mg
Phenylalanine	3,660 mg
Threonine	6,136 mg
Tryptophan*	1,815 mg
Valine (BCAA)	5,773 mg

Non-Essential Amino Acids

Alanine	4,736 mg
Arginine	3,508 mg
Aspartic Acid	9,968 mg
Cystine	2,465 mg
Glutamine & Precursors	17,395 mg
Glycine	1,714 mg
Histidine	5,797 mg
Proline	6,268 mg
Serine	5,014 mg
Tyrosine	3,344 mg

* Naturally occurring. Not added or manufactured.

Supplement Facts

Serving Size: 1 Scoop (~32.4g) Servings per container: 28

Amount Per Serving		Calories from Fat 15	
	%DV*		%DV*
Total Fat 1.5 g	3%	Total Carbohydrate 6 g	2%
Saturated Fat 0.5 g	3%	Dietary Fiber <1 g	2%
Trans Fat 0 g		Sugars 0 g	
Cholesterol 20 mg	6%	Protein 21 g	
Sodium 95 mg	4%		

Vitamin A 0% • Vitamin C 2% • Calcium 25% • Iron 2%

* Percent Daily Values (%DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Whey Protein Matrix (Whey Protein Concentrate, Whey Protein Isolate, Whey Peptides), Milk Protein Matrix (Milk Protein, Containing Micellar Caseins & Caseinates, Calcium Caseinates), Cocoa, Natural and Artificial Flavors, Soybean Oil, Guar Gum, Potassium Chloride, Acesulfame-Potassium, Sucralose. Contains Milk and Soy.

F) Ingrédients: Protéine Matrix (Concentré Protéique de Petit lait, Isolât De Protéine de Petit lait, Peptides de Petit lait), Grille des protéines du lait (protéines de lait, contenant Micellar Caséines et caséinates, Caséinates de calcium), Cocoa, naturels et artificiels Flavors, Huile de soja, gomme de guar, chlorure de potassium, Acesulfame-potassium, sucralose. Contient du lait et de soja.

S) Ingredientes: Matrix de proteína de suero (concentrado de proteínas de suero de leche, proteína de suero aislado, péptidos de suero), Matrix de proteínas de la leche (leche de proteínas, un contenido Micellar Caséines y caseinatos, caseinatos de calcio), Cocoa, natural y sabores artificiales, Aceite de soja, goma guar, cloruro de potasio, Acesulfamo de potasio, la sucralosa. Contiene leche y soja.

NL) Ingrediënten: Wei-eiwit matrix (wei-eiwit concentraat, wei-eiwit isolaat, wei-peptiden), Melk Eiwit Matrix (melkeiwitten, mel Micellar Caséines & Caséinat Calcium Caséinaten), Kakao, natuurlijke en kunstmatige Aromen, Sojaöl, Guarremmel, Kaliumchloride, Kalium-acesulfam, Sucralose. Bevat melk en Soja.

D) Zutaten: Whey Protein Matrix (Whey Protein Concentrate, Whey Protein Isolat, Molke Peptide), Melk Protein-Matrix (Milk Protein, mit Micellar Caséines & Caséinat Calcium Caséinaten), Kakao, natürliche und künstliche Aromen, Sojaöl, Guarermehl, Kaliumchlorid, Acesulfam-Potassium, Sucralose. Enthält Milch und Soja.

6) Ingredienti: Matrix proteina del siero di latte (un concentrato di proteina di siero di latte, isolato di proteina di siero di latte, siero di latte peptidi), Matrix di proteina del latte (proteine del latte, contenuto Micellar Caséines & caseinati, calcio caseinati), Cocoa, naturali e artificiali sapori, Olio di soia, gomma di guar, cloruro di potassio, Acesulfame potassio, sucralosio. Latte e contiene soia.

NO ADDED Sucrose, Fat, Fillers, Maltodextrin, or Aspartame

Value Nutritional per dose (32.4g/100g) / Información nutricional por ración (32.4g/100g) / Voedingwaard per dosering (32.4g/100g) / Nährwertinformation pro dosierung (32.4g/100g) / Valori Nutrizionali per dose (32.4g/100g)

	32.4g	100g
Value Energétique/Calories/Calorien/Energwert/Calorie	523kJ/125kcal	1632kJ/390kcal
Proteins/Protéines/Eiwtien/Eiweiß/Proteine	21 gram	65 gram
Glucides/Carbohidratos/Koolhydraten/Kohlenhydrate/Carboidrati	6 gram	19 gram
Matieres Grasses/Grass/Vetten/Fett/Grassi	1.5 gram	5 gram



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DYMATIZE.COM

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.