## -THE BEST OR NOTHING-

PERFORMANCE TRAINING USAGE For use as a sleep aid consume I serving IS-20 minutes before going to sleep. For best results user may consume 2 servings after assessing tolerance with one serving. Do not consume with food.

Prime Nutrition Performance Series designed Sleep/GH to promote deep REM sleep.\* mental/cognitive recovery.\* well-being.\* and an increase in GH release.\* Sleep/GH also promotes a decrease in body fat and lower cortisol levels.\*

100% PURE MICRONIZED SLEEP/GH FORMULA

WARMING: Not for use by individuals under the age of IB years. Do not use if you are pregnant or nursing. Do not exceed recommended serving, Exceeding recommended serving may cause serious adverse health effects. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience any adverse symptoms. Improper use of this product may be hazardous to a person's health. Exceeding recommended serving will not improve results

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure of prevent any disease.





### SUPPORTS R.E.M. SLEEP & GH RELEASE



DIETARY SUPPLEMENT

NET WT 7.40oz | 210s

100% PURE MICRONIZED SLEEP/GH FORMULA

No Artificial Colors or Dues

-THE BEST OR NOTHING-

# Supplement Facts

Serving Size: I Scoop (7 Grams) Servings Per Container: 30

Amount Per Serving

6.49 a

%DV

GABA, L-Taurine, L-Tyrosine, Mucuna pruriens (seed) (std. to 15% L-Dopa). Valerian Root Extract. Pikatropin

\*\* Daily Value (DV) Not Established

Other Ingredients: Citric Acid, Natural & Artificial Flavors, Sucralose, Acesulfame-



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