## -THE BEST OR NOTHING-

PERFORMANCE TRAINING USAGE: As a dietary supplement consume I serving intra-workout. For best results user may consume up to 5 servings per day. To mix combine I serving(I scoop) per IO-20oz of water. Stir vigorously with a spoon or mix in a shaker cup.

## EAA's

Essential Amino Acid can be used to support high intensity/anti-catabolic training in a variety of goals. EAAS are for users aiming to build muscle, sustain size and enhance recoveru.\*

100% ESSENTIAL AMINO ACID FORMULA

Not for use by individuals under the age of I8 years. Do not use if you are pregnant or nursing. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience any adverse sumptoms. Improper use of this product may be hazardous to a person's health. Exceeding recommended serving will not improve results.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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SUSTAIN MUSCLE SIZE\* **ENHANCE RECOVERY®** 

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## SPERFORMANCE SERIES



**ESSENTIAL AMINO ACIDS** 



Naturallu & Artificiallu Flavored



-THE BEST OR NOTHING-

## Supplement Facts

Serving Size: I Scoop (IO Grams) Servings Per Container: 30

	Amount	Per Serving	DV%
EAA COMPLEX	1	8.75 g	/
Leucine	1.	5 g	**
Iso-Leucine		l g	**
Valin∉ /		l g l	**
Lysine	/ / /	500 mg	**
Threonine		500 mg	**
Methionine	<b>,</b> ,	500 mg	**
Phenylalanine		250 mg	**
	Leucine Iso-Leucine Valine Lysine Threonine Methionine	Leucine Iso-Leucine Valine Lysine Threonine Methionine	Leucine         5 g           Iso-Leucine         I g           Valine         I g           Lysine         500 mg           Threonine         500 mg           Methionine         500 mg

\*\* Daily Value (DV) Not Established

Other Ingredients: Citric Acid. Natural & Artificial Flavors. Sucralose, Acesulfame-K, Silicon Dioxide



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