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Whey Delite™ is our gourmet protein complex available in four unique flavors specifically formulated to satisfy your taste buds and support your nutrition regimen any time of the day. Each flavor of Whey Delite™ offers fruit pieces or chocolate chunks in combination with our high quality complex of protein that will complement any training regimen by supporting the growth of lean muscle tissue and the maintenance of bone health.\*

Whey Delite™ contains a unique combination of whey, milk and casein proteins, which help to provide the body with all the necessary amino acids, including the nine essential amino acids the body is unable to synthesize naturally (i.e. Histidine, Isoleucine, Leucine, Lysine, Methionine, Phenylalanine, Threonine, Tryptophan, Valine).\*

The nutritional quality is determined by the extent to which dietary protein nitrogen is absorbed and retained by the body to balance daily nitrogen losses. Net Protein Utilization (NPU) is the percentage of ingested nitrogen that is retained in the body, and the Biological Value (BV) gives the percentage of absorbed nitrogen that is retained. BV is the product of the NPU after digestive processes. Whey protein is highly digestible, offering a high amino acid composition, and in turn, resulting in a high BV. With a higher BV, Whey Delite™ has been suggested to offer a more nutritionally beneficial formula as compared to other dietary protein sources such as meat, fish, eggs or soy.\*



with **REAL** pieces of **BANANA!** 

NATURAL AND ARTIFICIAL FLAVOR

# **Supplement Facts**

Serving Size 1 Scoop (31 g) Servings Per Container 29

110 5.9	
5.0	
5.9	
0.66 g	1%**
0.28 g	1%**
0 g	
15.8 mg	5%**
31.0 mg	1%**
7.57 g	3%**
3.04 g	**
19 g	37%**
33.77 IU	0.7%**
350 mg	35%**
0.22 mg	3%**
	0.66 g 0.28 g 0 g 15.8 mg 31.0 mg 7.57 g 3.04 g 19 g 33.77 IU 350 mg

Not a Significant Source of Dietary Fiber

\*\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

## INGREDIENTS:

Protein Matrix (Milk Protein Concentrate, Whey Protein Concentrate, Calcium Caseinate), Maltodextrin, Banana Fruit Pieces, Xanthan Gum, Natural Banana flavor, Dextrose, Potassium Chloride, Natural and Artificial Vanilla Flavoring, Acesulfame-K, Aminogen, Sucralose.

Contains Milk and Soy (Lecithin) Ingredients.

ALLERGEN WARNING: This product is manufactured in a facility that processes Milk, Soy, Egg, Wheat and Tree Nuts.

STORE AT 59-86 °F (15-30 °C). PROTECT FROM LIGHT AND MOISTURE.

# **DIRECTIONS:**

Mix one serving (1 Scoop) of Whey Delite with 8 ounces of water or beverage of choice. Consume immediately.

On training days, take one serving (1 Scoop) within 30 minutes after training.

On non-training days, take one serving (1 Scoop) in between meals.

Use 1-3 servings per day as part of a well-balanced diet that includes whole foods and other protein sources. Do not use this product as your sole source of nutrition.

## **WARNING:**

Seek advice from a physician before consuming this product. For use as a dietary supplement only. Keep out of reach of children and pets. Store in a cool dry place away from direct sunlight. Consumer is responsible and assumes all risks, liabilities, and consequences related to the use of this product, including compliance with the rules and regulations of all governing bodies or other entities having jurisdiction over any sport or athletic activity in which he/she participates, as well as any career regulations.



**BANANA CREAM** 

**DIETARY SUPPLEMENT** NET WEIGHT 2 LBS (907 g)