

If you're serious about performance and results, you need the ALL-NEW MuscleTech® Performance Series!

- NO Proprietary Blends
- NO Underdosed Key Ingredients
- NO Banned Substances
- NO Fillers
- NO Hype
- NO Exceptions

Just the Most Powerful Formulas Available

**NEW  
& IMPROVED**



PERFORMANCE SERIES

# CELL-TECH™

THE MOST POWERFUL CREATINE FORMULA

SUBJECTS GAINED  
3.4 LBS. IN 7 DAYS<sup>1</sup>▲

INCREASE MUSCLE  
SIZE & STRENGTH<sup>▲</sup>

MAXIMIZE MUSCLE  
CREATINE<sup>▲</sup>

CLINICALLY PROVEN  
KEY COMPOUNDS

Results based on key ingredient testing. See back for study details.

**LEMONADE ICED TEA**  
NATURAL AND ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT NET WT. 3.09 LBS. (1.40kg)

**7g**  
Creatine Monohydrate †

**3g**  
Creatine HCl †

**2g**  
BCAAs †

† Per max 2-scoop serving

**3g**  
Taurine / Alanine †

**200mg**  
ALA †

**NEW**  
Multi-Stage Carb Blend

## The Most Powerful Creatine Musclebuilder Ever Developed

CELL-TECH™ is a scientifically engineered hardcore creatine formula designed for hardgainers who have trouble putting on size and strength. This patent-protected creatine formula contains core ingredients supported by over 30 research studies conducted over multiple decades. CELL-TECH™ is packed with powerful musclebuilding ingredients and is formulated to deliver:

### • Faster Muscle Growth

Each two-scoop serving of CELL-TECH™ delivers 7 grams of HPLC-certified creatine monohydrate and 3 grams of creatine HCl.

<sup>1</sup>Subjects who consumed the amount of creatine and carbohydrates supplied during the CELL-TECH™ loading stage (see directions) gained, on average, 3.4 pounds of muscle in 7 days. Subjects taking creatine with juice gained only 0.8 pounds. ▲

### • Increased Strength

In another study, subjects taking the amount of creatine and carbohydrates found in two scoops of CELL-TECH™ significantly increased their strength on the bench press, leg press, and biceps curl. ▲

### • Enhanced Nutrient Transport

Each two-scoop serving of CELL-TECH™ includes 200mg of the powerful compound alpha lipoic acid (ALA). Research suggests that ALA helps improve the absorption of creatine and glucose into the muscle cell through specialized transporters. ▲

### • More Muscle Size and Fullness

CELL-TECH™ delivers a multi-stage combination of carbohydrates that forces a powerful insulin spike post-workout. This helps shuttle creatine and other nutrients into the muscle and rapidly replenishes glycogen stores, facilitating glycogen supercompensation and an intense muscle-expanding effect. ▲

### • No Cycling

A clinical study revealed that the use of CELL-TECH™ did not lead to the down regulation of creatine transporters. This allows athletes to continue to benefit from creatine use, instead of cycling on and off. ▲

### • Branched Chain and Cell-Volumizing Amino Acids

In addition to its key musclebuilding ingredients, CELL-TECH™ supplies the branched chain amino acids L-leucine, L-valine, and L-isoleucine in a 2:1:1 ratio. Branched chain amino acids are free-form amino acids – singular molecules that are quickly digested and absorbed into the bloodstream. CELL-TECH™ also contains the amino acids taurine and alanine. These free-form amino acids are two of the most abundant amino acids in muscle and aid in cell volumization. ▲

### • Get More for Your Money

Unlike the competition, Performance Series products contain superior key ingredients in clinically dosed amounts that are fully disclosed so you know exactly what you are paying for.

### • Best-in-Class Taste

CELL-TECH™ was flavored by one of the world's top flavoring houses by leading flavor experts in order to taste better than any other creatine powder on the market.



REFERENCES  
Kohman et al., 2000. *Medicine & Science in Sports & Exercise*, 32(5):920-926. [Abstract]  
Tamopoulos et al., 2001. *Medicine & Science in Sports & Exercise*, 33(12):2044-52.  
Parise et al., 2000. *Canadian Journal of Applied Physiology*, 25(5):396. [Abstract]

## Supplement Facts

Serving Size: 1 Scoop (49g)  
Servings Per Container: Approx. 29

Amount Per	1 Scoop	% Daily Value	2 Scoops	% Daily Value
Calories	160		320	
Total Carbohydrate	36g	13%*	75g	25%*
Sugar	15g	†	29g	†
Vitamin C (as ascorbic acid)	175mg	266%†	250mg	417%†
Vitamin B6 (as pyridoxine hydrochloride)	5.25mg	263%†	10.5mg	525%†
Vitamin B12 (as cyanocobalamin)	0.2mcg	3%†	0.4mcg	7%†
Calcium	90mg	9%†	180mg	18%†
Magnesium (as magnesium oxide)	32.5mg	8%†	65mg	16%†
Sodium	35mg	1%†	70mg	3%†
Potassium (as dipotassium phosphate)	24.8mg	1%†	49.5mg	2%†
<b>Muscle Growth and Strength Matrix</b>				
Creatine monohydrate	3.5g	†	7g	†
Creatine HCl	1.5g	†	3g	†
<b>Cell-Volumizing Amino Acid Matrix</b>				
Taurine	1g	†	2g	†
L-alanine	500mg	†	1g	†
<b>BCAA Matrix</b>				
L-leucine	500mg	†	1g	†
L-valine	250mg	†	500mg	†
L-isoleucine	250mg	†	500mg	†
<b>Lipoic-Tech®</b>				
Alpha lipoic acid	100mg	†	200mg	†

\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

Other Ingredients: Multi-stage Carb Blend (Glucose Polymers, Dextrose, Maltodextrin, [Dulc] Bran, Quinoa, Buckwheat, Millet), Waxy Maize (Corn Starch), Highly Branched Cyclic Dextrin, Natural And Artificial Flavors, Citric Acid, Calcium Silicate, Diacalcium Phosphate, Caramel Color, Salt, Malic Acid, Stearic Acid Or Sunflower Lecithin, Acesulfame-Potassium, Sucralose. Processed In A Facility That Processes Milk, Soy, Egg, Wheat And Peanut Ingredients.

**DIRECTIONS:** Take 1 scoop of CELL-TECH™ with 6 oz. of water immediately following your workout. If you're not training that day, have your serving in the morning when you wake up.

**FOR BETTER RESULTS:** Take 2 scoops of CELL-TECH™ with 12 oz. of water immediately following your workout. If you're not training that day, take 2 scoops in the morning when you wake up.

**FOR BEST RESULTS:** For the first 7 days (loading stage): Take 2 scoops of CELL-TECH™ with 12 oz. of water in the morning when you wake up and 2 scoops with 12 oz. of water immediately after your workout. If you're not training that day, take 2 scoops in the morning when you wake up with 12 oz. of water later in the day. Maintenance stage: Take 2 scoops of CELL-TECH™ with 12 oz. of water immediately following your workout. If you're not training that day, take 2 scoops with 12 oz. of water in the morning when you wake up.

▲ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

#### WARNING:

- As with all creatine products, maintain an adequate state of hydration during use.
- Do not use if you suffer from diabetes, or if you are prone to hyperglycemia or hypoglycemia.
- If you experience a skin rash or other allergic reaction, discontinue use and consult a medical doctor.
- Do not use if pregnant or nursing.
- KEEP OUT OF REACH OF CHILDREN.

Note: To maintain product freshness, store in a cool, dry place (60°F to 80°F). This product is sold by weight. Some settling may occur. Shake container before use.

Do not use if packaging has been tampered with.

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