

GNC PUREGE™ sets the new standard for quality, nature-based sports nutrition without sacrificing delicious taste or the performance benefits you'd expect from the industry leader by providing powerful natural compounds and clinically studied ingredients. Each product is certified banned substance free, contains no unhealthy artificial additives, and features a powerful **Functional Flavor System** that utilizes active flavoring ingredients to go beyond delicious taste and deliver additional healthy functional benefits. These innovative products give you a strong and wholesome foundation for personal improvement in any fitness pursuit.*

Complete Vegan Protein is GNC's first-ever, 20g plant-based protein with powerful whole-food-based blends that target vital core body systems with nature's best ingredients for optimum health and exercise performance. Whether you need to enhance post-workout muscle recovery or satisfy your hunger with this deliciously nourishing choice, we made sure each ingredient counts toward the daily nutritional needs of your healthy and active lifestyle.

Naturally superior, the **Vegan Amino Acid Matrix** is packed with the ultimate exercise recovery and muscle support:

- 4,000mg branched chain amino acids to build, repair and fuel muscle**
- 6,000mg glutamine to support muscle function and exercise recovery*
- No soy, gluten or dairy amino sources*

Derived from 4 powerful vegetable sources, the **Whole-Food-Based Vegan Performance Blend** contains some of nature's best health and exercise performance support:

- 1 full serving of wholesome vegetables² to support daily nutritional needs*
- Clinically proven beet extract to increase strength and enhance athletic performance*

Deliciously satisfying and free of artificial flavors, this clean performance protein also supplies:

- 20g protein from 5 plant-based sources – pea, navy bean, chickpea, whole grain quinoa and brown rice*
- 100mg **Nutrient Digestion Blend** made from pineapple and papaya to help support protein, fat and carbohydrate digestion*
- 13g clean, maltodextrin-free carbs for sustained energy featuring 5g hunger-satisfying fiber & 4.6g wholesome Vegetable Blend*

This advanced Functional Flavor System provides amazing taste plus functions as a system to provide additional health support.* Instead of artificial ingredients, this system uses natural vanilla extract rich in polyphenols to provide a natural, great-tasting flavor while protecting healthy cells from damaging free radicals.* Even the delicious natural flavor is working for you!

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC
PUREGE™
Super Natural Performance

COMPLETE *Vegan* PROTEIN

PLANT-BASED PERFORMANCE PROTEIN

- 20g Protein & 10g Aminos from 5 Plant-Based Sources with No Soy, Gluten or Dairy*

- Build & Repair Lean Muscle⁰ + 6,000mg Glutamine for Exercise Recovery*

- 1 Full Serving of Veggies⁺ + Chia, Flax & 5g Fiber to Support Satiety & Healthy Digestion*

No Artificial Flavors, Colors or Sweeteners

NATURAL VANILLA

Uses real vanilla for enhanced antioxidant support*

DIETARY SUPPLEMENT
Net Wt 38 oz (2.38 lb) 1080 g



GLUTEN FREE



FUNCTIONAL FLAVOR



NON GMO



BANNED SUBSTANCE FREE*

CGE 506383

DIRECTIONS: As a dietary supplement, mix 2 scoops (45 g) with 8 fl. oz. of cold water or your favorite beverage daily or post-workout. For a thicker consistency, mix in a blender with ice and fruit. For maximum results, take two servings daily.

Daily Dose	Protein	Provides	Benefit
1 serving 30 minutes pre-workout or between meals	20 g	1 serving of veggies ¹ and 10,000 mg amino acids	Helps meet protein needs & fuels metabolism*
2 servings 30 minutes post-workout or between meals	40 g	2 servings of veggies ¹ and 20,000 mg amino acids	Fuels muscles, metabolism & supports recovery*

Supplement Facts

Serving Size Two Scoops (45 g)		Servings Per Container 24	
Amount Per Serving		% Daily Value	
Calories	140		
Calories from Fat	20		
Total Fat	2 g	3%†	
Saturated Fat	0.5 g	3%†	
Total Carbohydrates	13 g	4%†	
Dietary Fiber	5 g	20%†	
Sugars	2 g	*	
Protein	20 g		
Calcium	70 mg	7%	
Magnesium	45 mg	11%	
Sodium	180 mg	8%	
Potassium	140 mg	4%	

Vegan Amino Acid Matrix	
Glutamine (as Whole Grain Brown Rice Protein, Pea Protein, L-Glutamine, Navy Bean Powder, Chickpea Powder)	6000 mg
Leucine (as Whole Grain Brown Rice Protein, Pea Protein, Navy Bean Powder, Chickpea Powder, Whole Grain Quinoa, L-Leucine)	2000 mg
Isoleucine (as Whole Grain Brown Rice Protein, Pea Protein, Navy Bean Powder, Chickpea Powder, Whole Grain Quinoa, L-Isoleucine)	1000 mg
Valine (as Whole Grain Brown Rice Protein, Pea Protein, Navy Bean Powder, Chickpea Powder, Whole Grain Quinoa, L-Valine)	1000 mg

Whole-Food-Based Vegan Performance Blend	
Vegetable Blend (Butternut Squash Powder, Zucchini Powder, Pumpkin Powder)	4600 mg
Betaine (as BETAPOWER® Betaine Anhydrous)	2500 mg

Nutrient Digestion Blend	
Papain (from Papaya Fruit)	50 mg
Bromelain (from Pineapple Stem)	50 mg

Functional Flavor System	
Natural Vanilla Flavor, Vanilla Extract (0.25% Gallic Acid Equivalents = 1 mg)	2215 mg

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Protein Blend (Whole Grain Brown Rice Protein, Pea Protein, Navy Bean Powder, Chickpea Powder, Whole Grain Quinoa), Inulin, Essential Fatty Acid Blend (Milled Chia, Flaxseed Protein), Xanthan Gum, Guar Gum, Reb A (Natural Stevia Leaf Sweetener).

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Significant product settling may occur.

Complete Vegan Protein Contains:

- ✓ No Gluten
- ✓ No Dairy or Lactose
- ✓ No Soy
- ✓ Non-GMO*
- ✓ No Banned Substances
- ✓ No Artificial Flavors, Colors or Sweeteners
- ✓ No Preservatives
- ✓ No Wheat, Yeast, Fish or Egg
- ✓ No Sugar Alcohols

*Our products are tested by an independent third party lab for genetically modified material and test below a 0.9% threshold.



GLUTEN FREE

TYPICAL AMINO ACID PROFILE PER SERVING			
Alanine	920 mg	Lysine	1258 mg
Arginine	1576 mg	Methionine	326 mg
Aspartate	2124 mg	Phenylalanine	1624 mg
Cystine	322 mg	Proline	1620 mg
Glutamine & Glutamic Acid*	5905 mg	Serine	1624 mg
Glycine	736 mg	Threonine	861 mg
Histidine	485 mg	Tryptophan	251 mg
Isoleucine**	1145 mg	Tyrosine	786 mg
Leucine**	2631 mg	Valine**	1205 mg
		Total	23800 mg

† Indicates Branched Chain Amino Acids (BCAA).
* Denotes naturally occurring and added free form amino acids.



† When used in conjunction with an exercise program
‡ Based upon air dried vegetables.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-482-2548

SHOP NOW @ GNC.COM

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