PRODUCT INFORMATION One tablet typically provides: Vitamin E (75iii) Vitamin C Riboflavin (vitamin B2) Manganese 1.3mg 50µg Selenium 2.3mg Beta carotene Reduced Glutathione 20mg Alpha Lipoic acid 10mg 5mg 5mg 5mg 10mg 1-Cysteine N-Acetyl Cysteine Co-enzyme 010 Bilberry fruit Chicory root





INGREDIENTS: Natural lithothamnion calcarea, ascorbic acid, anti-caking agent: microcrystalline cellulose; d-alpha tocopheryl acid succinate, beta carotene (antioxidants: ascorbyl palmitate, dl-alpha tocopherol anti-caking agent; silicon dioxide); reduced glutathione, zinc gtrate. alpha lipoic acid, bilberry fruit pdr, chicory root pdr, I-selenomethionine (anti-caking agent: microcrystalline cellulose); I-cysteine HCl, anti-caking agent: magnesium stearate; manganese citrate, riboflavin, co-enzyme Q10, n-acetyl I-cysteine, zein protein coating, anti-caking agent silicon dioxide. pdr = powder

DOES NOT CONTAIN: wheat, gluten, lactose, dairy products, artificial preservatives, colours or flavourings. This product has not yet been tested to WADA guidelines.



ANTI-OXIDANT



30 Anti-Oxidant

Food Supplement Tablets

Step 1 ANTI-OXIDANT FULL SPECTRUM ANTI OXIDANTS √ Vitamins B2. C& E. zinc. selenium & manganese help to protect cells from oxidative damage. DIRECTIONS: Take 1 tablet up to 3 times a day with meals, or as your health professional advises. Do not exceed recommended daily intake. Food supplements should not be used as a

substitute for a varied and balanced diet and healthy lifestyle. B vitamins may turn urine bright yellow - this is normal.

STORAGE: Store in a cool, dry, steam-free environment out of reach of children. Suitable for vegetarians and vegans. This product is not tested on animals.



HIGHER NATURE Burwash Common. East Sussex, TN19 7LX, UK www.highernature.com







