Physician Formulated

May promote relaxation and a restful sleep!

SUGGESTED USE: Take 1 to 2 tablets one hour before bedtime. CAUTION: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your healthcare provider if any adverse reactions occur. Not intended for use by persons under the age of 18. May cause sedation.

Does not contain gluten, wheat, yeast, soy, egg, sugar, salt or artificial color, flavor or preservatives. WARNING: This product may be manufactured and

packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish *These statements have not been evaluated by the Food





(678) 443-4099







Dietary Supplement

SUPPLEMENT FACTS Serving Size: 2 Tablets

Servings per Container: 30 Amount per Serving

% Daily Value Magnesium (as Citrate) 200mg 50% Proprietary Blend 1450mg Passion Flower Herb Powder, Valerian Root Powder,

Chamomile Flower Powder, L-Theanine, Lemon Balm Herb Powder, Hops Flower Powder, Casein Decapeptide 100mg † Digestive Enzyme Complex

Papain, Bromelain, Amylase, Protease, Lipase, Cellulase 5-HTP (from Griffonia Simplicifolia Seed Extract)25mg Black Pepper Fruit Extract

† Daily Value not established Other Ingredients: DiCalcium Phosphate, Stearic Acid, Micro Crystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide, Pharmaceutical Glaze (Shellac, Povidone).

Contains Mill KEEP OUT OF THE REACH OF CHILDREN, DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING, STORE IN A COOL DRY PLACE.

