

CODE 347511
Directions: As a dietary supplement, take the contents of one pack daily with food.
Each pack contains:

Women's Ultra Mega® Active without Iron

Supplement Facts

Serving Size Two Orange Caplets

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene; 50% as Acetate)	5000 IU 100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg 333%
Vitamin D (as Cholecalciferol D-3)	1600 IU 400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phytonadione)	80 mcg 100%
Thiamin (Vitamin B-1)(as Thiamine Mononitrate)	50 mg 3333%
Riboflavin (Vitamin B-2)	50 mg 2941%
Niacin (as Niacinamide & Niacin)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin	300 mcg 100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate)	500 mg 50%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	15 mg 100%
Selenium (as L-Selenomethionine)	200 mcg 266%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg 100%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Chloride (as Potassium Chloride)	72 mg 2%
Potassium (as Potassium Chloride)	80 mg 2%
Proprietary Energy Blend	100 mg *
Panax ginseng Root Extract, Ginkgo biloba Leaf Extract, Green Tea Leaf Extract, L-Valine, L-Leucine, L-Isoleucine	
Proprietary Joint Cushion Support Blend	50 mg *
MSM (Methylsulfonylmethane), Collagen, Hyaluronic Acid (HA)	
alpha-Lipoic Acid	25 mg *
Choline (as Choline Bitartrate)	10 mg *
Inositol	10 mg *
Cranberry Concentrate (Vaccinium macrocarpon)	10 mg *
Silica (as Silicon Dioxide)	4 mg *

Amount Per Serving	% Daily Value
Boron (as Hydrolyzed Protein Chelate)	2 mg *
Lutemax 2020™ Lutein	950 mcg *
Lycopene	950 mcg *
Zeaxanthin	190 mcg *
Astaxanthin	50 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Flavor, Riboflavin, Glycerol Esters, Sucralose, Carmine Color.

CONTAINS: Fish and Soybeans.

Green Tea Complex

Supplement Facts

Serving Size One Brown Filled Capsule

Amount Per Serving	% Daily Value
Green Tea Leaves Extract (Camellia sinensis)(14% Polyphenols = 35 mg)	250 mg *
Green Tea Leaves Extract (Camellia sinensis) (75% Polyphenols = 187.5 mg)(50% EGCG = 125 mg)	250 mg *

* Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule, Cellulose.

Contains 35 mg Caffeine.

Carnitine 500

Supplement Facts

Serving Size One White Filled Capsule

Amount Per Serving	% Daily Value
L-Carnitine (as L-Carnitine L-Tartrate)	500 mg *

* Daily Value not established.

Other Ingredients: Gelatin.

EPG

Concentrated Fish Oil

Supplement Facts

Serving Size One Yellow Softgel Capsule

Amount Per Serving	% Daily Value
Calories	10
Calories from Fat	10
Total Fat	<1 g <1%†
EPA (Eicosapentaenoic Acid)(Omega-3)	357 mg *
DHA (Docosahexaenoic Acid)(Omega-3)	144 mg *

† Percent Daily Values based on a 2,000 calorie diet.

* Daily Value not established.

Other Ingredients: Fish Body Oil, Gelatin, Glycerin, Enteric Coating (Cellulose, Sodium Alginate, Medium Chain Triglycerides, Oleic & Stearic Acid).

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. No Wheat, No Gluten, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222

GNC QUALITY COMMITMENT

For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.

Burn 60™

Supplement Facts

Serving Size One Red Caplet

Amount Per Serving	% Daily Value
Guarana Seed Extract (Paulinia cupana)(36% Caffeine = 90 mg)	247.5 mg *
Black Tea Leaves Extract (Camellia sinensis)	136.3 mg *
MegaNatural™ Grape Skin & Seed Extract (Vitis vinifera)	105 mg *
Ginger Root Extract (Zingiber officinale)	100 mg *
MegaNatural™ Gold Grape Seed Extract (Vitis vinifera)	62.5 mg *
Dill Weed Extract (Anethum graveolens)	2.5 mg *

* Daily Value not established.

Other Ingredients: Dextrose, Cellulose, FD&C Yellow #6 Lake, FD&C Red #40 Lake, Titanium Dioxide, Cinnamon Bark Extract, Natural Vanilla Flavor, Sucralose.

To ensure a complete nutritional program, take daily with these GNC products:

- Ultra Probiotic Complex
- Total Lean™ CLA
- Total Lean™ Lean Shake™
- SuperFoods Whole Foods Blend

Lutemax 2020™

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MegaNatural™

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GNC

WOMEN'S ULTRA MEGA® Energy & Metabolism

Dietary Supplement

VITAPAK® PROGRAM

- Clinically studied^ multivitamin enhanced with a powerful energizing complex*
- Fuels metabolism & promotes healthy cells with a specialized green tea complex*
- Improves mental alertness & energy*
- Helps maintain healthy cholesterol & blood pressure levels*



30 PACKS



PHYSICIAN
ENDORSED*

WOMEN'S ULTRA MEGA® ENERGY & METABOLISM

GNC Women's Ultra Mega® Energy & Metabolism Vitapak® Program conveniently combines nutrients and special ingredients designed to support women's overall health, energy and mental sharpness.*

Women's Ultra Mega® Active without Iron

Our premium timed-release, clinically studied^ formula includes vitamins and minerals to supplement key nutrients that may be missing in your daily diet. Women's Ultra Mega® Active contains 1,600 IU of vitamin D-3 for breast and bone health and immune support, as well as B vitamins that are important for cardiovascular health and energy production.* Features a premium energizing sports blend, 500 mg of bone-strengthening calcium and provides a broad spectrum of cell-protecting antioxidant nutrients that also support immune health.*

Burn 60™

This thermogenic formula helps enhance metabolism, burn calories and boost energy levels.* The powerful ingredients in Burn 60™ also support physical and mental energy and performance.*

Green Tea Complex

Supplies 500 mg of green tea extract, including 125 mg of EGCG, a major active component of green tea that supports metabolism and polyphenols, which act as antioxidants that can promote cell health by helping fight damage from free radicals.*

Carnitine 500

The most clinically studied and most concentrated form of carnitine. This naturally occurring amino acid facilitates the metabolism of fatty acids and helps fuel muscles and support exercise recovery.*

Concentrated Fish Oil

This specialty formula features 500 mg of essential omega-3 fatty acids EPA and DHA in one mini 40% smaller softgel. Omega-3 fatty acids are necessary for heart, joint, brain and eye health, help maintain healthy cholesterol levels and support the maintenance of normal blood pressure levels.

^In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

*This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.