

Vitamin B-12 is essential for the normal formation of blood cells and contributes to the health of the nervous system.* In addition, the B vitamins play a role in energy metabolism in the body.*

Suitable for Vegetarians



Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri, 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Healthy you
Healthy earth

Prod. No. 3860 B3860 13D

NATURE'S BOUNTY®

SUBLINGUAL

B-12

2500mcg

Promotes Energy
Metabolism &
Nervous System
Health*



DIRECTIONS: For adults, take one (1) microlozenge daily. Place microlozenge under tongue for 30 seconds before swallowing.

Supplement Facts

Serving Size 1 Microlozenge

Amount Per Serving	%Daily Value	
Vitamin B-12	2,500 mcg (2.5 mg)	41,667%
(as Cyanocobalamin)		

Other Ingredients: Mannitol, Croscopovidone, Natural Flavor. Contains <2% of: Beet Juice Color, Sucralose, Vegetable Magnesium Stearate.

No Artificial Flavor, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Yeast, No Fish, Sodium Free.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

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50 microlozenges VITAMIN SUPPLEMENT