

Powermax 1000 is a professional strength mass gainer for individuals needing nutrient dense high protein and high calories to maximize lean muscle mass gains, for hard gainers or for those requiring extra calories to support a high metabolic rate. To gain mass you need lots of concentrated calories to complement your demanding training program. **Powermax 1000** is your solution to support total protein, amino acid and nitrogen requirements delivering high quality, multi-fractional whey proteins with Aminogen® in addition to full spectrum, multi-molecular weight carbohydrates and essential and healthy fats. **Powermax 1000** will not only satisfy your caloric and metabolic requirements, but also your taste demands.

Powermax 1000 is packed with 53 grams of multi-fractional proteins derived from whey protein isolates (WPI), whey protein concentrates (WPC) and whole milk solids (WMS) per serving mixed with water. Mixed in 16 fl oz of 2% milk, the protein increases to a whopping 73 grams per serving. The three sources of synergistic proteins are designed to optimize positive nitrogen balance and promote lean muscle mass gains. Our unique blend delivers long, medium and short chain amino acids. These protein sources are also rich in the naturally occurring branched-chain amino acids (BCAAs) including leucine, isoleucine and valine. The anabolic effects of both whey protein and the BCAAs in addition to exercise involves the phosphorylation of the mammalian target of rapamycin (mTOR).

To maximize the absorption of amino acids from whey proteins in **Powermax 1000**, Aminogen® has been added. Aminogen® is a naturally derived patented plant enzyme ingredient. Clinical studies have shown that Aminogen® triples the rate of whey protein absorption. Aminogen® raises plasma amino acids over 100%, boosts nitrogen retention by 32% and increases BCAAs over 250% compared to controls.

Powermax 1000 is formulated with medium-chain triglycerides (MCTs). MCTs are beneficial in their ability to be rapidly absorbed by the body and quickly metabolized for energy by muscles and other organs in addition to sparing muscle glycogen.

Use **Powermax 1000** up to 3 times per day. Don't go more than 2.5 hrs without a high quality protein shake to support nitrogen balance and keep yourself in a positive anabolic state. Continuous flow of calories, protein, carbohydrates and fats to saturate your muscles and body with calories.

Powermax 1000 was developed to exceed your expectations as the best gainer available in the marketplace!

Powermax 1000 Highlights:

- ✓ Nutrient dense high protein, high carbohydrate weight gainer.
- ✓ Highest quality ingredients.
- ✓ Over 53 grams of high quality protein per serving (mixed with water).
- ✓ Over 1,000 calories and 73 grams protein per serving (mixed with 2% milk).
- ✓ Powered by Aminogen® clinically proven to triple the rate of whey protein absorption.
- ✓ Rich in naturally occurring essential amino acids, branched-chain amino acids (BCAAs) and glutamine.
- ✓ Enhanced with Medium Chain Triglycerides (MCTs).
- ✓ All natural formula.
- ✓ Good source of fiber.
- ✓ No artificial sweeteners, flavors, or colors.
- ✓ Delicious taste!

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ANABOLIC WEIGHT GAINER

POWERMAX 1000

AWARD WINNING
BEST TASTE!

53G
OF PROTEIN
PER SERVING!

MAX MUSCLE
NUTRITION

- Scientifically Designed to Stimulate Positive Anabolic Response!
- Comprehensive Formula Contains Aminogen®, Whey Protein Isolate, Glutamine, BCAAs, MCTs & More!
- Supports mTOR Signaling Pathway for Muscle Growth!
- Activates Protein Synthesis Myogenesis!

Chocolate

Dietary Supplement • Net Wt. 8lbs (3.63kg)

Directions: Gradually add 4 (four) scoops (233.5 g) in 16 – 20 oz. cold water, milk, fruit juice, or your favorite beverage in a shaker cup or blender with continuous mixing. To increase calories add a banana, peanut butter, almonds, etc. Vary the amount of liquid to achieve desired consistency. Use up to 2 – 3 times per day: Mid-Morning, Pre-Workout (1 to 1.5 hours before training), and immediately following training as an excellent concentrated high protein/high carbohydrate gainer.

Supplement Facts

Serving Size: 233.5 g (4 Scoops)

Servings Per Container: Approx. 15

Amount Per Serving	16 oz. Water	%Daily Value*	16 oz. Milk (2%)	%Daily Value*
Calories	920		1160	
Calories from Fat	100		190	
Total Fat	11 g	17%	21 g	32%
Saturated Fat	9 g	43%	15 g	75%
Trans Fat	0 g	**	0 g	0%
Cholesterol	172 mg	57%	222 mg	74%
Sodium	680 mg	28%	980 mg	41%
Potassium	538 mg	4%	1290 mg	37%
Total Carbohydrate	153 g	51%	179 g	60%
Dietary Fiber	7 g	29%	7 g	29%
Sugars	57 g	**	83 g	**
Protein	53 g	106%	73 g	146%
Vitamin A		4%		24%
Vitamin C		0%		8%
Calcium		45%		115%
Iron		8%		8%

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily value not established.

Ingredients: Maltodextrin, Whey Protein Concentrate, Fructose, Brown Rice Solids, Whole Milk Solids, Cocoa, Medium Chain Triglycerides, Whey Protein Isolate, Sunflower Oil Powder, Natural Chocolate Flavor, Natural Vanilla Bean Flavor, Sodium Chloride (Salt), Lecithin, Aminogen®, Lactase.

AMINOGEN® Aminogen® is a Registered Trademark of Tlarc, Inc. Aminogen® is protected by patent No. 5,387,422.

ALLERGY INFORMATION: Contains Whey Protein (Milk) and Soy (Lecithin). Manufactured in a facility that processes milk, soy, shellfish, egg, peanuts and other tree nuts, and wheat.

Notice: Use this product as a food supplement only. Do not use for weight reduction.

KEEP OUT OF THE REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE IN THE ORIGINAL CONTAINER AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED.

To report a serious adverse event, contact:
Max Muscle Sports Nutrition
210 W. 1st Ave., Orange CA 92665
www.maxmuscle.com

MAX MUSCLE
NUTRITION



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