

GNC BEYOND RAW® RE-GROW — to get extreme results that scream hardcore, you need to turn up the molecular noise required for lean muscle growth and anabolism. This mega-anabolic, fast-releasing, 60-gram protein recovery powder is re-engineered with fewer calories and carbohydrates than ever before, provides more than a **25% increase in strength,*** plus features the most advanced new supplementation methodology in sports nutrition, the Physiobolic Edge. This new system is based off the latest research that targets the following 7 Primal Physiogenic Factors influencing the strength and size you battle to achieve:

- Anabolic Hormones
 - Muscle Cell Energy
 - Muscle Cell Protection & Recovery
 - Water Regulation
- Carbohydrate Metabolism
 - Mental Intensity & Neuro Priming
 - Anabolic Primers

The **HARDCORE MUSCLE FEEDER** is loaded with 500mg D-Aspartic Acid plus **Anabolic Primers** that work to maximize muscle protein synthesis. Leucine, from a rapid-absorbing whey protein source, works to turn on mTOR, the anabolic signaling pathway for muscle protein synthesis while tuning out catabolic signals that interfere with muscle growth. Together with other key ingredients, these potent amino acids also stimulate the powerful **Anabolic Hormone** insulin needed for **Carbohydrate Metabolism** and immediate **Muscle Cell Energy** for a staggering **400% improvement in the anabolic environment.**[†] Plus, this dynamic formula contains powerful minerals to help maintain **Water Regulation**, and neurotransmitter building blocks, phenylalanine and tyrosine, to support **Neuro Priming.**^{*}

It takes solid focus and countless hours to build mind-blowing results. Protect your hard-earned gains with powerful antioxidants for optimal **Muscle Cell Protection & Recovery.** This includes three rare ingredients, the hardcore Sicilian Blood Orange complex, along with Lutemax 2020™ Lutein that has proven bioavailability, plus the fast-acting acacia catechu matrix.*

GNC BEYOND RAW® RE-GROW works on multiple levels to provide enhanced protein uptake that rapidly fuels rock-hard muscles after grueling workouts. Prepare yourself. Experience the difference. Go beyond hardcore — get **BEYOND RAW®!**

**PHYSIOBOLIC
EDGE**

The Physiobolic Edge is the advanced, performance-based technology powering the science behind GNC BEYOND RAW® with more than best-in-class, cutting-edge ingredients. This new, research-based system advances molecular functions not yet targeted by other products by synchronizing with vital physiological mechanisms and genetic pathways before, during and after extreme workouts that unleash your maximum muscle-mind-body potential. This powerful addition gives hardcore sports nutrition a new meaning: physiogenic performance fuel as you push for a physique like never before, muscle-maximizing size, explosive strength and power.* The Physiobolic Edge targets the exact 10 factors that open the door to extreme results.

Defined by our expert scientists as the “genesis of the Physiobolic Edge,” the following **10 Primal Physiogenic Factors** are what you need to support extreme training results.

- Anabolic Hormones
- Muscle Cell Energy
- N.O. Pumps
- Muscle Cell Protection & Recovery
- Fat Metabolism
- Carbohydrate Metabolism
- Increased Calorie Burning
- Water Regulation
- Mental Intensity & Neuro Priming
- Anabolic Primers

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**GNC
BEYOND
RAW®**

**NEW AND
IMPROVED!**

RE-GROW

**ADVANCED RAPID DISPERSION PROTEIN
& MUSCLE CELL SIGNALING FORMULA**

- + ANABOLIC 5-PHASE 60G PROTEIN WITH HARDCORE MUSCLE FEEDER FOR A 25% INCREASE IN STRENGTH & SIZE**
- + HYPER-ABSORBING 24G BCAA & LEAN MUSCLE PRIMERS TO TRIGGER ANABOLIC SIGNALS + INCREASE AMINO ACID ABSORPTION BY OVER 100%†*
- + PROTECTS & OPTIMIZES YOUR HARD-EARNED GAINS,* IMPROVES ANABOLIC WINDOW BY 400%,‡ 2X LEUCINE ABSORPTION† + MEGA 10G GLUTAMINE DOSE*
- + SUPER-CONCENTRATED FORMULA TARGETS 7 PRIMAL PHYSIOGENIC FACTORS*

**PHYSIOBOLIC
EDGE**

NITRO-FACTOR | 71G™

UNTESTED SUBSTANCE FREE

CHOCOLATE
NATURAL & ARTIFICIAL FLAVOR

DIETARY SUPPLEMENT
NET WT 58.oz (3.63 lb) 1648 g

CODE 826343
DIRECTIONS: As a dietary supplement, mix two scoops (103 g) with 16 fl oz of cold water, milk or your favorite beverage. On training days, consume one serving 30 minutes after your workout. On non-training days, consume one serving in the morning. For extreme results, take twice daily on training and non-training days.

APG

Supplement Facts	
Serving Size Two Scoops (103 g) Servings Per Container 16	
Amount Per Serving	% Daily Value
Calories	340
Calories from Fat	45
Total Fat	5 g 8%
Saturated Fat	2.5 g 13%
Cholesterol	130 mg 43%
Total Carbohydrate	14 g 5%
Dietary Fiber	2 g 8%
Sugars	4 g
Protein	60 g
Vitamin D (as Cholecalciferol D-3)	1000 IU 250%
Calcium	500 mg 50%
Sodium	310 mg 13%
Potassium	600 mg 17%
Hardcore Muscle Feeder	
Leucine (as Micronized Whey Protein Concentrate, Whey Protein Isolate, Whey Protein Concentrate, Milk Protein Concentrate, L-Leucine, Milk Protein Isolate)	12 g *
Isoleucine (as Micronized Whey Protein Concentrate, Whey Protein Isolate, Whey Protein Concentrate, Milk Protein Concentrate, L-Isoleucine, Milk Protein Isolate)	6 g *
Valine (as Micronized Whey Protein Concentrate, Whey Protein Isolate, Whey Protein Concentrate, Milk Protein Concentrate, L-Valine, Milk Protein Isolate)	6 g *
D-Aspartic Acid	500 mg *
Sicilian Blood Orange Fruit & Peel Extract (Citrus aurantium)	100 mg *
Lutemax 2020™ Lutein	5 mg *
Zeaxanthin (as Zeaxanthin Isomers)	1 mg *
Maximum Muscle Recovery Optimizer	
Glutamine (as Micronized Whey Protein Concentrate, Whey Protein Isolate, Whey Protein Concentrate, Milk Protein Concentrate, Milk Protein Isolate)	10 g *
Tyrosine (as Micronized Whey Protein Concentrate, Whey Protein Isolate, Whey Protein Concentrate, Milk Protein Concentrate, Milk Protein Isolate)	1 g *
Tryptophan (as Micronized Whey Protein Concentrate, Whey Protein Isolate, Whey Protein Concentrate, Milk Protein Concentrate, Milk Protein Isolate)	500 mg *
Fast-Acting Proprietary Blend (Chinese Skullcap Root Extract [Scutellaria baicalensis], Cutch Tree Bark Extract [Acacia catechu])	62.5 mg *
Nutrient Delivery Maximizer	
BioCore Edge™ Blend (Protease [from Aspergillus oryzae and Aspergillus niger] and Peptidase [from Aspergillus oryzae])	200 mg *
† Percent Daily Values are based on a 2,000 calorie diet. * Daily Value not established.	

OTHER INGREDIENTS: Protein Blend (Micronized Whey Protein Concentrate, Whey Protein Isolate, Whey Protein Concentrate, Milk Protein Concentrate, Milk Protein Isolate), Natural and Artificial Flavors, Cocoa (Processed with Alkali), Creamer (Sunflower Oil, Maltodextrin, Modified Food Starch, Dipotassium Phosphate, Tricalcium Phosphate, Tocopherols), Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Lecithin, Polyethylene Glycol, Sucralose, Vanillin, Acesulfame Potassium, Potassium Chloride.

CONTAINS: Milk and Soybeans.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery.

TYPICAL AMINO ACID PROFILE PER SERVING:			
Alanine	2644 mg	Lysine	5143 mg
Arginine	1493 mg	Methionine	1347 mg
Aspartate*	7017 mg	Phenylalanine	1988 mg
Cystine	1283 mg	Proline	4079 mg
Glutamine & Glutamic Acid	10560 mg	Serine	2955 mg
		Threonine	4010 mg
Glycine	1037 mg	Tryptophan	895 mg
Histidine	1050 mg	Tyrosine	1850 mg
Isoleucine**	6685 mg	Valine**	6694 mg
Leucine**	12570 mg	Total	73300 mg

*Indicates Branched Chain Amino Acids (BCAA)
†Denotes naturally occurring and added free form amino acids.
Lutemax 2020™ is a trademark of OnniActive Health Technologies.
BioCore Edge™ is a trademark of National Enzyme Company.
*Product was tested for over 145 banned substances on the 2014 World Anti-Doping Agency (WADA) Prohibited List via HPL, skip list testing protocol HCP0307. See gnc.com for more information.

‡In an 8-week study of healthy males performing resistance training, subjects taking this product's module of 20g whey protein and 6.2g leucine demonstrated an increased improvement in muscle strength and muscle size as compared to those performing the same training regimen on a placebo.
†When stacked with a product containing whey protein isolate (WPI) in a randomized, double-blind, cross-over clinical trial that included 20 recreationally trained, healthy male subjects, those taking 10 grams WPI and 10 grams leucine immediately post-workout showed significant increases in plasma insulin concentration. Those taking the WPI and leucine blend showed 4 times more insulin 30 minutes post-workout compared to a placebo.
†In a randomized, double-blind, cross-over study of 16 healthy male volunteers, subjects experienced significantly higher maximum concentrations of Total Amino Acids, Branched Chain Amino Acids and Leucine 1 hour post-ingestion of the protein blend in this product relative to amino acid concentrations measured post-ingestion of whey protein concentrate. Significant differences for the Rate of Change of BCAA and Leucine absorption were also observed relative to the control group.

**KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.**
**For More Information:
1-888-462-2548**
SHOP NOW @ GNC.COM
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General Nutrition Corporation
Pittsburgh, PA 15222**

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