GNC BEYOND RAW® RAVAGE™ — this mind-muscle performance enhancer is better than ever with a highintensity, pre-workout explosion of energy, power and strength. This next-generation formula also leverages a new supplementation system in sports nutrition, the Physiobolic Edge that targets the following 8 Primal Physiogenic Factors crucial for extreme muscle pumps. strength, power and mental focus.*

· N O Pumps

& Recovery*

Carbohydrate

Muscle Cell Protection

- · Anabolic Primers
- · Increased Calorie Burning
- Mental Intensity & Neuro Primina
- Metabolism · Muscle Cell Energy Water Regulation

This next-level, muscle-building pre-workout features powerful Anabolic Primers — leucine for muscle protein synthesis and betaine for punishing strength and power Along with 3g of creatine and its powerful precursor. methionine, to further fuel extreme muscularity plus generate and circulate ATP, a necessary component for Muscle Cell Energy,* resVida®, arginine and citrulline fuel insane N.O. Pumps plus potent antioxidants for the ultimate Muscle Cell Protection & Récovery, ROS cell defense *

The MIND MUSCLE MATRIX increases Calorie Burning. muscle performance, fierce Mental Intensity & Neuro Priming.* Tyrosine, choline and Zembrin® target key brain signals as you mentally prepare for hardcore training. Dominate your results with this hybrid pre-workout that features a complex mineral load to fuel energy, Carbohydrate Metabolism and support Water Regulation.* Prepare yourself. Experience the difference. Go beyond basic - get BEYOND RAW*!

to extreme results.

PHYSIOBOLIC The Physiobolic Edge is the advanced, performance-based technology powering the science behind GNC BEYOND RAW* with

more than best-in-class, cutting-edge ingredients. This new, research-based system advances molecular functions not yet targeted by other products by synchronizing with vital physiological mechanisms and genetic pathways before, during and after extreme workouts that unleash your maximum muscle-mind-body potential. This powerful addition gives hardcore sports nutrition a new meaning: physiogenic performance fuel as you push for a physique like never before, muscle-maximizing size, explosive strength and power.* The Physiobolic Edge targets the exact 10 Primal Physiogenic Factors that open the door





RAVAGE

ADVANCED HYBRID MUSCLE-BUILDING^{*} PRE-WORKOUT AMPLIFIER

- + DELIVERS INCREDIBLE MUSCLE PUMPS WITH BREAKTHROUGH N.O. INTENSIFIERS FEATURING ARGININE & CITRULLINE PLUS GLYCEROL & AGMATINE*
- + ENHANCES MUSCLE-BUILDING WITH 3G CREATINE & 2.5G BETAINE FOR INCREASED STRENGTH & POWER*
- + POWERFUL MIND MUSCLE MATRIX PROVIDES EXTREME ENERGY. CALORIE BURNING & MENTAL INTENSITY*
- + TRAIN BEYOND YOUR LIMITS WITH THIS ADVANCED FATIGUE.
- BUFFERING FORMULA FEATURING 3.2G BETA-ALANINE & RHODIOLA* + 1 FULLY LOADED, POWERFUL SCOOP TARGETS 8 PRIMAL
- PHYSIOGENIC FACTORS CRUCIAL FOR HARDCORE MUSCLE RESULTS*

GRAPE NATURAL & ARTIFICIAL FLAVOR

DIETARY SUPPLEMENT NET WT 15.3 oz (434 q)

CODE 826333 **DIRECTIONS:** As a dietary supplement, mix one scoop (21.7 g) with 12 to 16 fl. oz. of water. Consume one serving 30 to 60 minutes before exercise. Only one ultra-concentrated scoop is needed.

% Daily Value

Supplement Facts Serving Size One Scoop (21.7 a)

Servings Per Container 20

Amount Per Serving

Calories	20	
Calories from Fat	10	
Total Fat	1 g	2%†
Saturated Fat	1 g	5%†
Total Carbohydrate	2 g	1%†
Niacin (as Nicotinic Acid)	20 mg	100%
Calcium	24 mg	2%
Sodium	20 mg	1%
Potassium	20 mg	1%
Mind Muscle Matrix		
Caffeine	200 mg	1
Choline (as Choline Bitartrate)	100 mg	20
L-Tyrosine	100 mg	
Capsimax™ Red Pepper Extract (Capsicum annuum)(fruit)	100 mg	155
Zembrin® Sceletium tortuosum Extract (aerial parts)	25 mg	- 1
Piperine Beadlets (Piper nigrum)(fruit)(Standardized for Bla	5 mg ck Pepper)	
Advanced Power Maximizer	1/(0 //	
Betaine (as BETAPOWER® Betaine Anhydrous) 2.5 g		3.05
Micronized L-Leucine	2 g	
Rhodiola Rosea Extract (Rhodiola rosea L.)(root)	100 mg	
Hardcore Pump Intensifier		
Arginine (as L-Arginine AKG)	1 g	
Glycerol (as Glycerol Stearate)	500 mg	12

Amount Per Serving	% Daily Value	
L-Methionine	100 mg	
Muscle & Joint Optimizer		
Fast-Acting Proprietary Blend (Chinese Skullcap Root Extract [Scutellaria baicalensis], Cutch Tree Bark Extract [Acacia catechu])	62.5 mg	
Beta-Alanine (as CarnoSyn®)	3.2 g	

† Percent Daily Values are based on a 2,000 calorie diet. Daily Value not established. OTHER INGREDIENTS: Natural and Artificial

Flavors, Citric Acid, Malic Acid, Tartaric Acid, Calcium Silicate, Silicon Dioxide, Sucralose, Acesulfame Potassium, FD&C Red #40, FD&C Blue #2.

Each serving supplies 200 mg of caffeine. WARNING: Consult your physician prior to

using this product if you are pregnant, nursing. taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Significant product settling may

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resVida® is a registered trademark of DSM.

BETAPOWER® is a registered trademark of DuPont or its

CarnoSyn® trademark and patents owned by Natural

Alternatives International, Inc.

When used in conjunction with regular resistance training

KEEP OUT OF O REACH OF CHILDREN.

Store in a cool, dry place. For More Information 1-888-462-2548

Distributed by: **General Nutrition Corporation**

Pittsburgh, PA 15222

(as Micronized Creatine Monohydrate, Creatine HCI) * These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

250 ma

200 ma

30 mg

25 ma

Agmatine (as Agmatine Sulfate)

Micronized L-Citrulline

Yohimbe Bark Powder

Muscle Cell Module

Creatine

resVida® trans-Resveratrol

(Pausinystalia vohimbe)(bark)